

MRI

From basic to advanced

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MRI

From basic to advanced

Intended Learning Outcomes (ILOs)

- Knowledge
- Skills
- Attitude



Quality Assurance Unit

Objectives

Part I: MRI Physics/Sequence

Part II: MRI Neuro + spine

Part III: MRI body + Msk

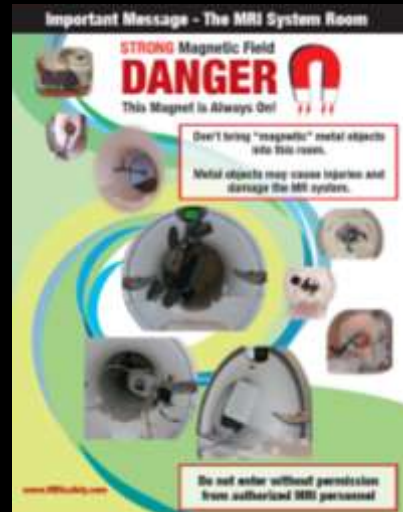
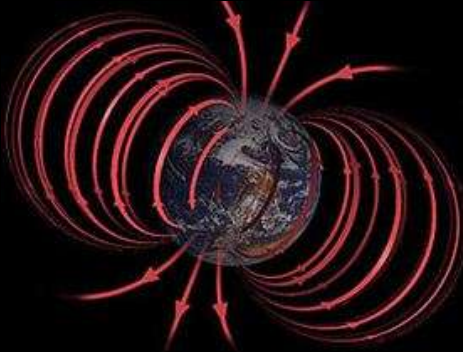
Part IV: MRI Msk + Cardiac

Part I

MRI

Physics / Sequences

Earth attraction is of: 0.3 - 0.7 Gauss



10.000 Gauss = 1 Tesla = 1 T

MRI machines = 0.2, 0.5, 1, 1.5, 3 and 8 T



MAGNETIC RESONANCE (MR) ENVIRONMENT SCREENING FORM FOR INDIVIDUALS*

The MR system has a very strong magnetic field that may be hazardous to individuals entering the MR environment or MR system room if they have certain metallic, electronic, magnetic, or mechanical implants, devices, or objects. Therefore, all individuals are required to fill out this form BEFORE entering the MR environment or MR system room. Be advised, the MR system magnet is ALWAYS ON.

***NOTE: If you are a patient preparing to undergo an MR examination, you are required to fill out a different form.**

Date: ____/____/____ Patient: _____ Last Name: _____ First Name: _____ Middle Name: _____ Age: _____

Address: _____ Telephone (home): _____

City: _____ Telephone (work): _____

State: _____ Zip Code: _____

1. Have you had prior surgery or an operation (e.g., orthotomies, endoscopies, etc.) of any kind? ☐ No ☐ Yes
If yes, please indicate date and type of surgery. Date: ____/____/____ Type of surgery: _____

2. Have you had an injury to the eye involving a metallic object (e.g., metallic shaver, foreign body)? ☐ No ☐ Yes
If yes, please describe: _____

3. Have you ever been exposed to a metallic object or foreign body (e.g., MRI bullet, shrapnel, etc.)? ☐ No ☐ Yes
If yes, please describe: _____

4. Are you pregnant or suspect that you are pregnant? ☐ No ☐ Yes

WARNING: Certain implants, devices, or objects may be hazardous to you in the MR environment or MR system room. Do not enter the MR environment or MR system room if you have any questions or concerns regarding an implant, device, or object.

Please indicate if you have any of the following:

☐ Yes ☐ No: Anesthetics (e.g., sedation, anesthesia)

☐ Yes ☐ No: Cardiac pacemaker

☐ Yes ☐ No: Implanted cardioverter defibrillator (ICD)

☐ Yes ☐ No: Electronic implant or device

☐ Yes ☐ No: Magnetically-retained implant or device

☐ Yes ☐ No: Stimulation system

☐ Yes ☐ No: Spinal cord stimulator

☐ Yes ☐ No: Cochlear implant or implanted hearing aid

☐ Yes ☐ No: Insulin or infusion pump

☐ Yes ☐ No: Implanted drug infusion device

☐ Yes ☐ No: Any type of prosthesis or implant

☐ Yes ☐ No: Artificial or prosthetic limb

☐ Yes ☐ No: Any metallic fragment or foreign body

☐ Yes ☐ No: Any external or internal metallic object

☐ Yes ☐ No: Hearing aid (Remove before entering the MR system room)

☐ Yes ☐ No: Other implant _____

IMPORTANT INSTRUCTIONS

Remove all metallic objects before entering the MR environment or MR system room including hearing aids, bumper, cell phone, keys, eyeglasses, hair pins, barrettes, jewelry (including body piercing jewelry), watches, safety pins, paperclips, money clips, credit cards, bank cards, magnetic strip cards, coins, pens, pocket knife, nail clippers, steel-toed boots/shoes, and tools. Loose metallic objects are especially prohibited in the MR system room and MR environment.

Please consult the MRI Technologist or Radiologist if you have any questions or concerns BEFORE you enter the MR system room.

I attest that the above information is correct to the best of my knowledge. I have read and understand the entire content of this form and have had the opportunity to ask questions regarding the information on this form.

Signature of Person Completing Form: _____ Date: ____/____/____

Form Information Reviewed By: _____

☐ MRI Technologist ☐ Radiologist ☐ Other _____



Specific absorption rate (SAR):

Measurement used to describe absorption of RF energy,

Expressed in Watts / Kg

Max. rise (FDA) = < than 1°C

MRI safety in patients with cardiovascular devices

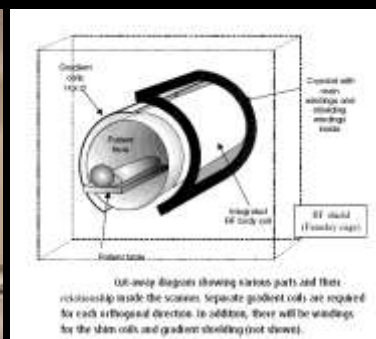
AHA scientific statement published in 2007, endorsed by ACC, recommended the following:

1. Coronary stents (in particular DES), prosthetic heart valves, annuloplasty rings, sternal wires, aortic graft stents except for Zenith AAA endovascular graft (Cook), many IVC filters and embolization coils are generally **MRI safe**
2. ICDs, permanent pacemakers, retained transvenous pacemakers or defibrillator wires and catheters that contain conductive wires like temporary pacing catheters, Swan-Ganz or thermolulution catheters are **MRI unsafe**
3. <http://www.MRIsafety.com> <http://www.IMRser.org>



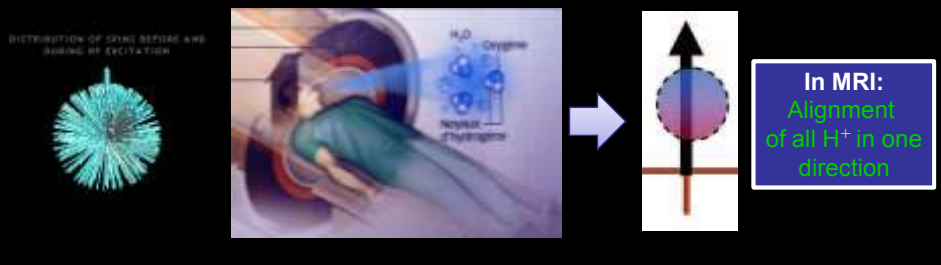
Clinical MR imaging unit “Magnet”

- Superconducting magnet: B_0 field
- Transmitting RF coil: B_1 field
- Receiving coil: surface / volume / phased-array coils
- Gradient coils: x-y-z spatial localization (from 20-45 mT/m)
- Computer: Fourier transform (FT)
- Shim coils
- Faraday's Cage



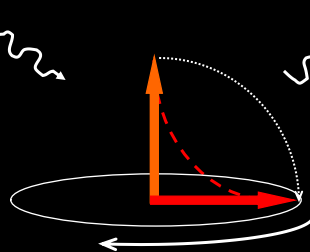
H^+ proton

- Has a **spin** = high magnetic moment, their net output in body = **zero**
- Present in water & fat of body tissues (most abundant in body = best signal)
- Best image = High SI



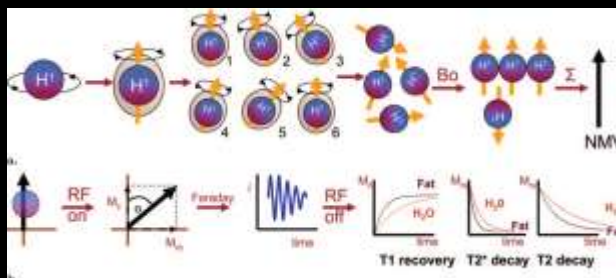
Signal to Noise = signal intensity (SI)

RF coil
= Radio frequency
= "E" to align all H^+ with exact same frequency against power of magnet

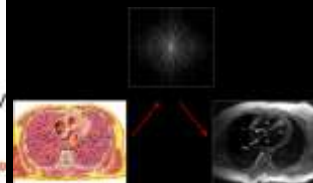


Resonance signal = S according to H^+ :

- 1- Amount
- 2- Location
- 3- Timing = Time1, Time2



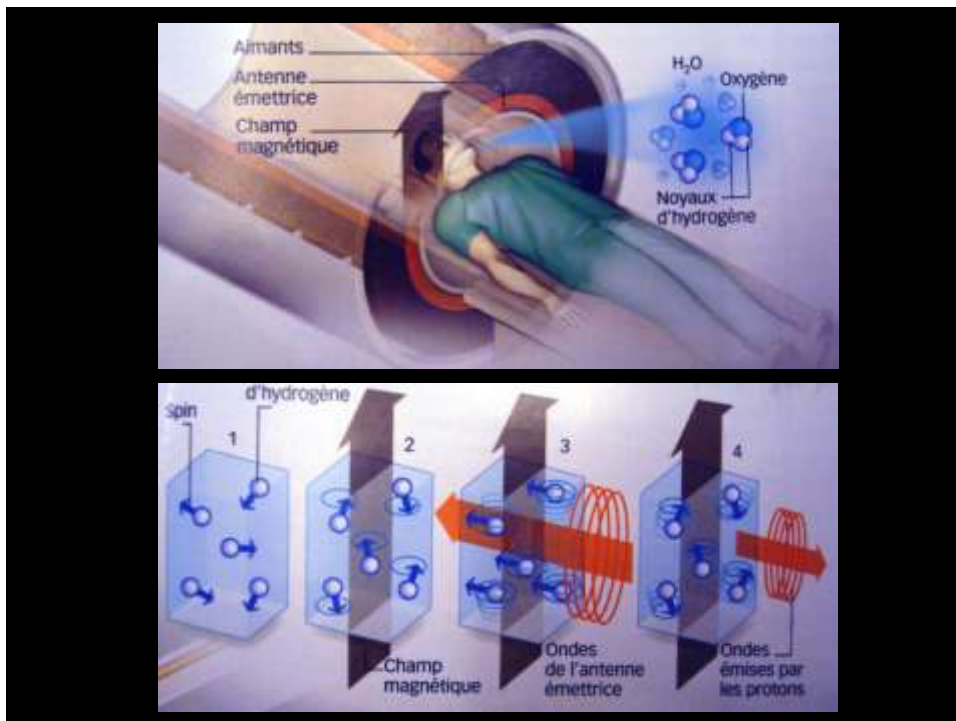
Fournier transformation



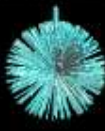
- **T1W** ($\downarrow TR - \downarrow TE$) = *TR 250–700 ms* and *TE 10–25 ms*
- **T2W** ($\uparrow TR - \uparrow TE$) = *TR > 2000 ms* and *TE > 60 ms*
- **Proton Density = PD** ($\uparrow TR - \downarrow TE$)



Air / scar (no H ⁺)	Very dark	Very dark
Cortical bone (VEP)	Dark	Dark
Ligament / tendons	Dark	Dark
Calcifications	Dark	Dark
Fat (Dermoid, SC fat)		Dark
Bone marrow (yellow)		Intermediate
Protein		Intermediate
Fluid (CSF, ascitis, vitreous)	Dark	Bright
Heme = Acute blood	Intermediate	Intermediate
Heme = Subacute bl.	Bright	Bright



DISTRIBUTION OF SPINS BEFORE AND DURING RF EXCITATION



RadioGraphics

EDUCATION EXHIBIT 513

MR Pulse Sequences: What Every Radiologist Wants to Know but Is Afraid to Ask¹

TEACHING POINTS
See last page

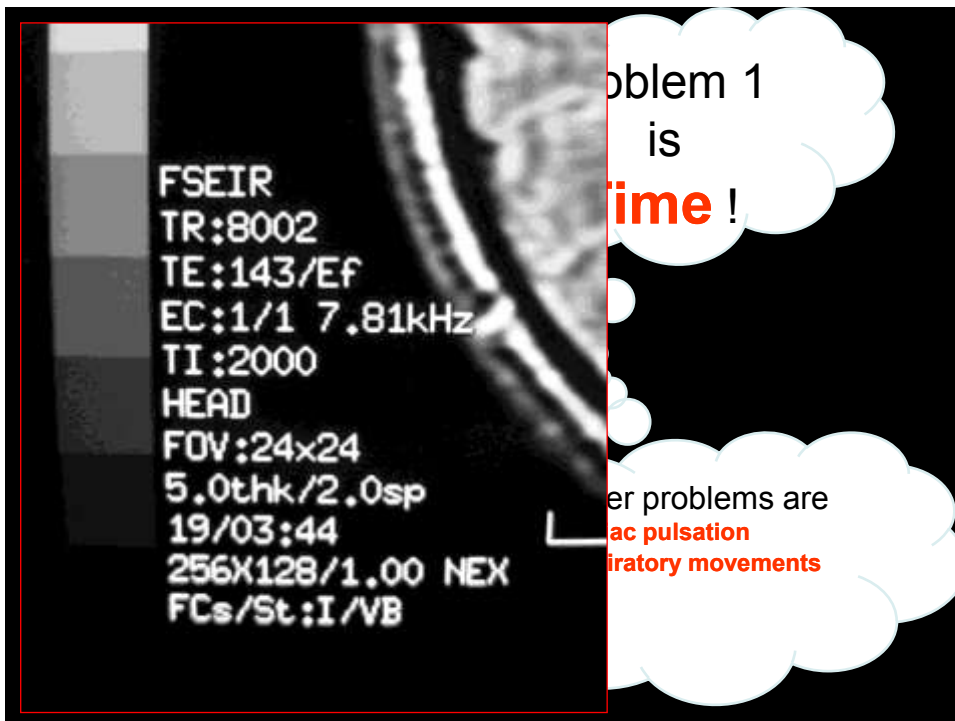
Richard Bittar, MD, MSc • General Leung, MSc • Richard Perng, MD
Sameh Tadros, MD • Alan R. Moody, FRCP, FRCP • Jose Sarrazin, MD, FRCP • Caitlin McGregor, MD, FRCP • Monique Christakis, MD, FRCP • Sean Symons, MD, FRCP • Andrew Nelson, RTR, RTMR
Timothy P. Roberts, PhD

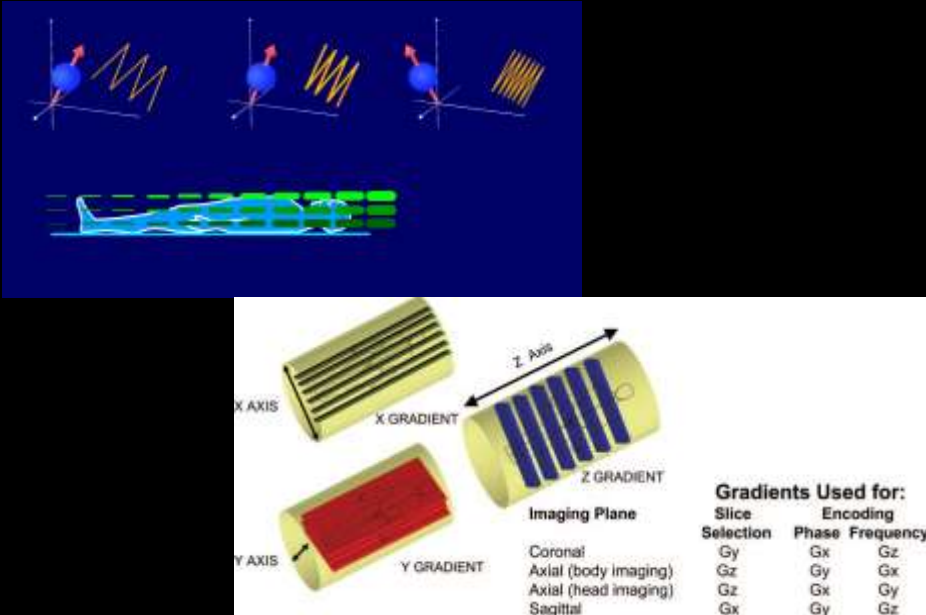
MR Acquisition time

$$AT = TR \times N \times n$$

Repetition time x Nex x Matrices lines
 2000 ms x 2 x 256 x 256

17 min !!





Gradients Used for:

	Slice Selection	Phase Encoding	Frequency Encoding
Coronal	Gy	Gx	Gz
Axial (body imaging)	Gz	Gy	Gx
Axial (head imaging)	Gz	Gx	Gy
Sagittal	Gx	Gy	Gz

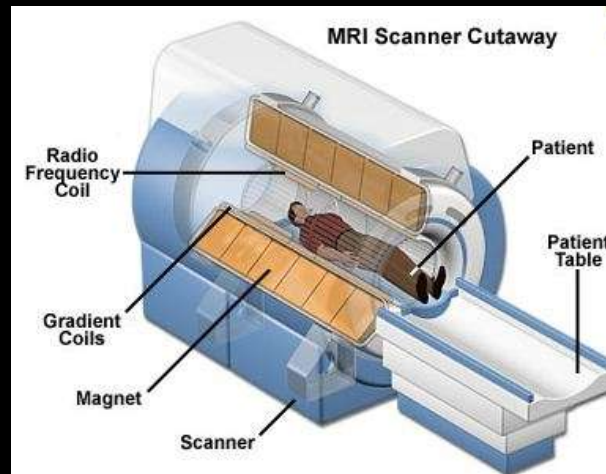
How to select an MRI image ?
Superimpose a 2nd magnetic field = gradient Coil = gradient Field:

MRI coils

- **Volume coil** (surrounding extremity of body as head, knee, extremity coils)
- **Body coil** (2 pieces for abdomen = synergy body or torso ^{GE})
- **Surface coils** (placed on/or close to body)
- **Phased array coils** (several small coils [elements] → HR imaging)



Clinical MR imaging unit "Magnet"



- **Superconducting magnet:** B_0 field
- **Transmitting RF coil:** B_1 field
- **Receiving coil:** surface / volume / phased-array coils
- **Gradient coils:** x-y-z spatial localization
- **Computer:** Fourier transform (FT)
- **Shim coils + Faraday's Cage**

MRI advantages :

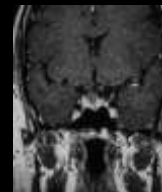
- 1- Better contrast: tissue differentiation
- 2- Multi-planar, reconstruction.....capabilities
- 3- No X-ray exposition
- 4- New techs: MRS, MRA, fMRI, Diffusion, DTI...
- 5- More info / examen



Axial

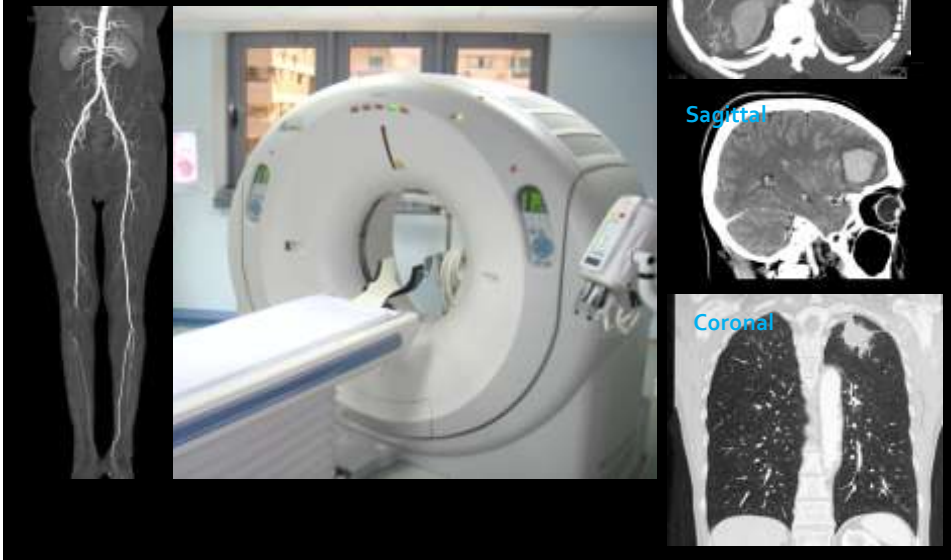


Sagittal

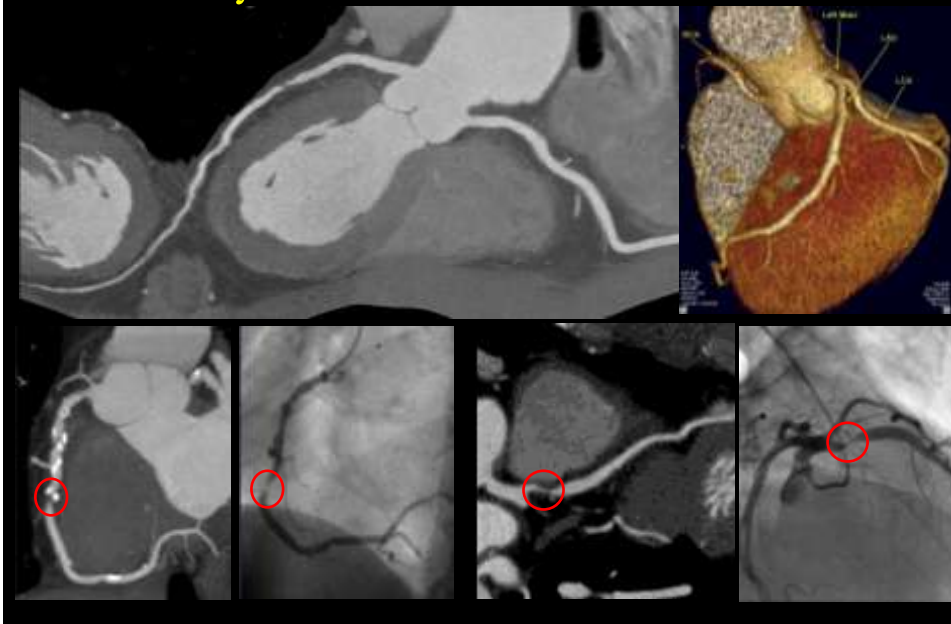


Coronal

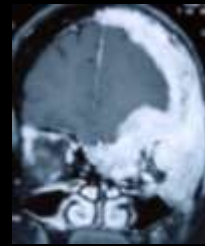
New MDCT generations.....



Coronary arteries: 2-5 mm !!



Exogenous MR contrast



1-Paramagnetics (T1 contrast agents):

- All GD-based contrasts are safe being low osmolar,
- HL is of 1.5-2 hrs, within 24 hrs 95% of CM will be renally eliminated
- In high dose, Gd will decrease SI on T2w images (seen in bladder for eg)
- Atomic number of Gd is 64 w compares favourably with that of x-ray CM iodine 53, so Gd enhances on CT

2-Ferrromagnetics supermagnetic (T2 contrast agents)

- SPIO (Super-magnetic Iron oxide)
- USPIO (Ultra-small super-Paramagnetic Iron oxide): has a S & Sp
> 90% in detection of lymph node metastasis (high SI)
- MDP used in liver (absorbed via liver macrophages) thus suppressing normal liver and tumor is so better seen.

New: Fe oxide nanoparticle

Nephrogenic Systemic Fibrosis (NSF)₁

- Kidney Dialysis & Renal Failure Patients at Highest Risk to MRI Contrast Dye with Gadolinium
- Patients with kidney failure, kidney disease and/or renal failure are at the greatest risk of contracting a horrible fibrosing skin disease when they are given a gadolinium contrast dye used in MRI and MRA. Kidney failure patients and especially those on dialysis have kidneys that often have lost 20-90% kidney function or filtration rate. In these renal failure and kidney disease patients their slow or poorly functioning kidneys don't filter out the gadolinium contrast dye as quickly, whereby the MRI contrast dye stays in the body too long.
- The danger is the longer the contrast dye stays, the greater chance of the outside protective layer or coating has to break down inside the body. When the outside coating or chelate detaches or leaves the gadolinium, then the free gadolinium (a toxic metal) travels throughout the body causing fibrosing or scar tissue in the skin, muscles joint, and internal organs resulting in NSF or NFD in some kidney failure patients.
- Though suspected for years, it was finally in 2007, Nephrogenic Systemic Fibrosis (NSF) that was linked to use of gadolinium based MRI contrast dye. Nephrogenic Systemic Fibrosis NSF symptoms may include patches of red skin, thick areas of skin, joint pain, muscle pain, yellow spots on eyes, blister like lesions, acne like pimples, hip and rib bone pain, renal & kidney failure, rib pain and hip bone pain. This rare fibrosing disease called Nephrogenic Systemic Fibrosis and Nephrogenic Fibrosing Dermopathy (NFD) can cause serious catastrophic disabling injuries to its victims.
- The cause of NFD and NSF are not fully understood, but it associated with exposure to gadolinium used in MRIs and MRAs with contrast dyes. information and NSF data. Nephrogenic Systemic Fibrosis (NSF) by definition occurs with some kidney or renal failure, however many have never undergone dialysis and others have received only peritoneal dialysis.



Gadopentetic acid
complex of gadolinium with DTPA
(diethylene triamine pentacetate)



Nephrogenic Systemic Fibrosis (NSF)⁻²

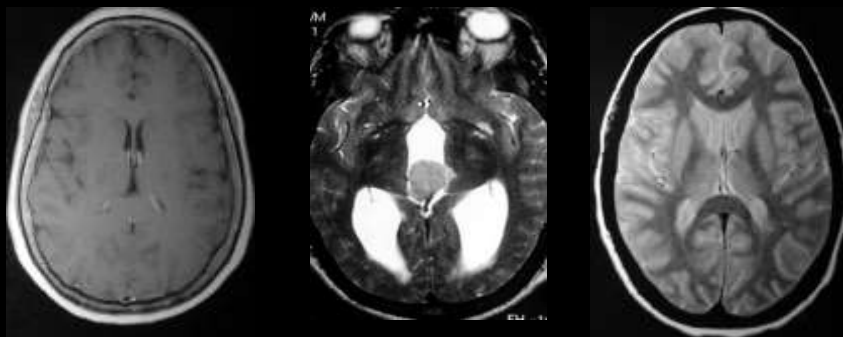
Table 3. Physical properties of gadolinium chelates and their association with NSF[†]

Brand name	Generic name	Acronym	Chemical structure	Charge	Cases of NSF
Omniscan [‡]	Gadodiamide	Gd-DTPA-BMA	Linear	Non-ionic	Yes
OptiMARK [‡]	Gadoversetamide	Gd-DTPA-BMEA	Linear	Non-ionic	Yes
Magnevist [‡]	Gadopentetate dimeglumine	Gd-DTPA	Linear	Ionic	Yes
Multihance [‡]	Gadobenate dimeglumine	Gd-BOPTA	Linear	Ionic	No
Primovist [‡]	Gadoteric acid disodium salt	Gd-EOB-DTPA	Linear	Ionic	No
Vasovist [‡]	Gadofosveset trisodium	Gd-DTPA	Linear	Ionic	No
ProHance [‡]	Gadoteridol	Gd-HP-DO3A	Cyclic	Non-ionic	No
Gadovist [‡]	Gadobutrol	Gd-BT-DO3A	Cyclic	Non-ionic	No
Dotarem [‡]	Gadoterate meglumine	Gd-DOTA	Cyclic	Ionic	No

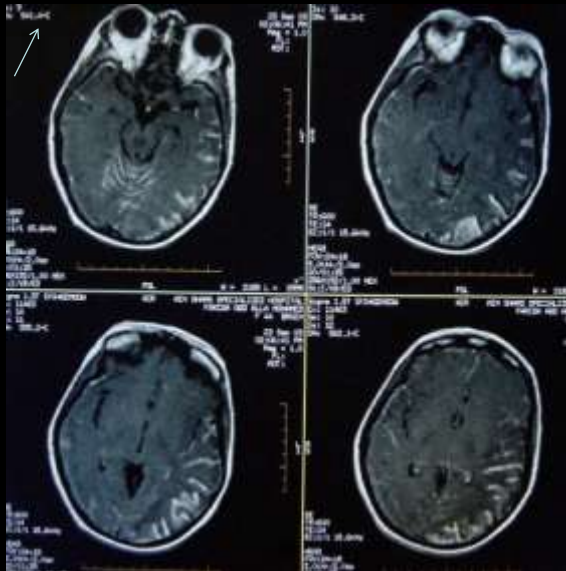
[†] Reproduced with permission from Idee *et al.*²⁸

[‡] Available in Australia. NSF, nephrogenic systemic fibrosis.

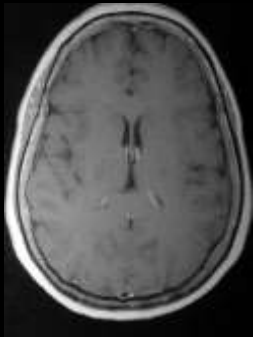
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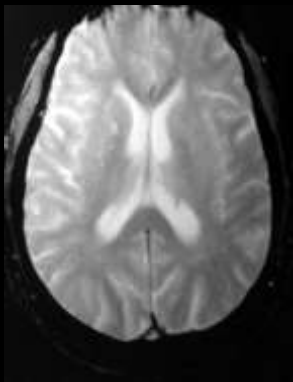
MRI with Contrast (Gd-DTPA)



MRI Sequences



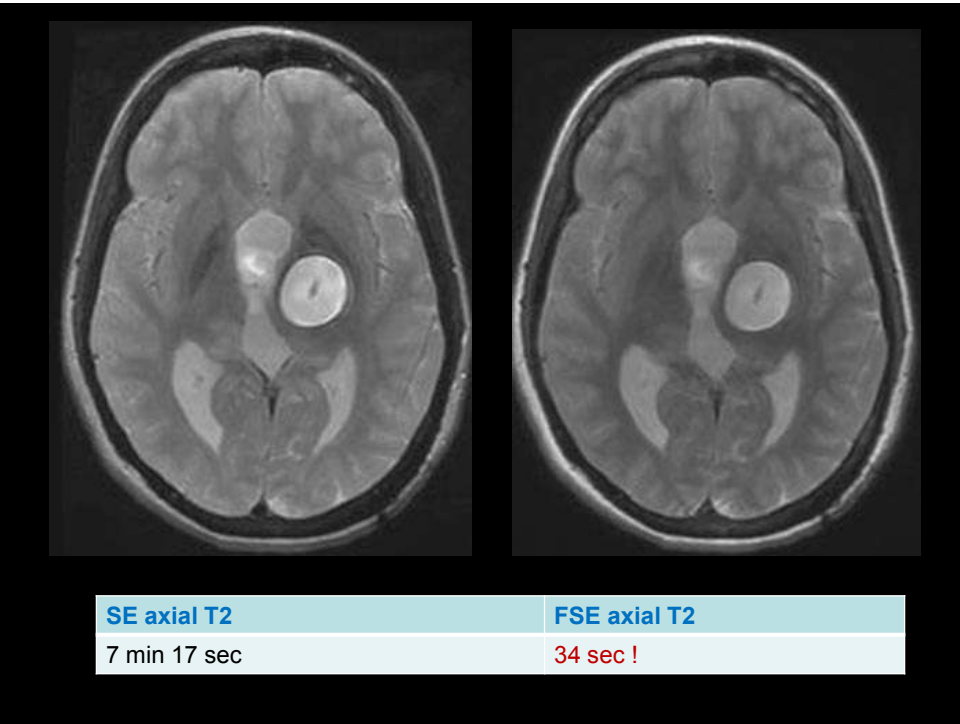
T1



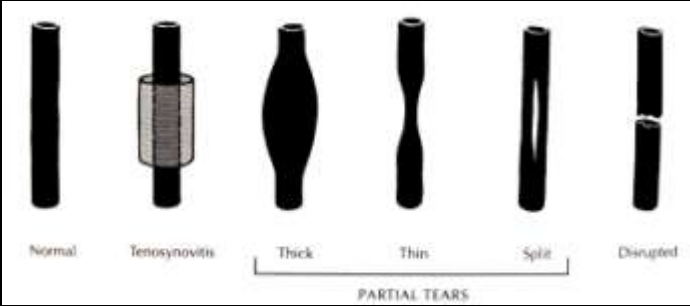
T2



FLAIR

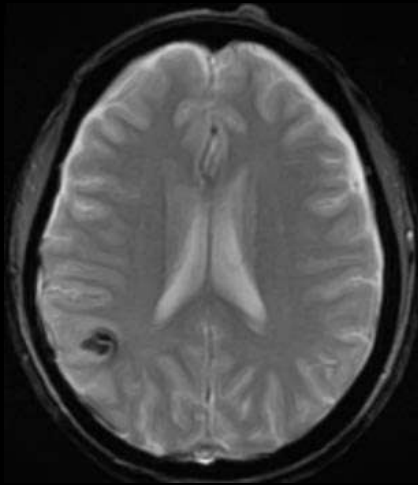
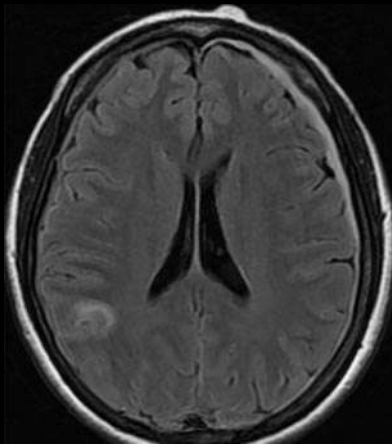


Air / scar (no H ⁺)	Very dark	Very dark
Cortical bone (VEP)	Dark	Dark
Ligament / tendons	Dark	Dark
Calcifications	Dark	Dark
Fat (Dermoid, SC fat)		Dark
Bone marrow (yellow)		Intermediate
Protein		Intermediate
Fluid (CSF, ascitis, vitreous)	Dark	Bright
Heme = Acute blood	Intermediate	Intermediate
Heme = Subacute bl.	Bright	Bright



- Msk Rule 1: Thick tendon + no fluid = chronic injury eg achilis
- Msk Rule 2: Intermediate T2 signal = deg. / tendinits
High signal in a tendon on T2 = partial tear
- Msk Rule 3: 2 ligaments in body can split: peroneus brevis / biceps tendon
- Msk Rule 4: Muscular injuries:
Grade I: DOMS: low T1 & high T2
Grade II: Partial tear: High T1 & T2
Grade III: Complete tear: low T1 & T2
- Msk Rule 5: Tenosynovitis / stenosing T / Chronic tenosynovitis

	Time	Hemoglobin Type	Magnetism	T1w	T2w
Hyperacute	hours	Oxyhemoglobin	Diamagnetic	Iso	Bright
Acute	1-2 days	Deoxyhemoglobin	Paramagnetic – 4 unpaired electrons, however it cause no shortening	Iso	Dark
Early Subacute	2-7 days	Methemoglobin (intracellular)	Paramagnetic – 5 unpaired electrons	Bright	Dark
Late subacute	1-4 weeks	Methemoglobin (extracellular so only causing changes in T2)	Paramagnetic – 5 unpaired electrons	Bright	Bright
Chronic	> 1 mth	Hemosiderin	Diamagnetic	Dark	Dark rim, central bright



Flair

4 min 17 sec

T2 star (T2*)

50 sec

PD = Proton density

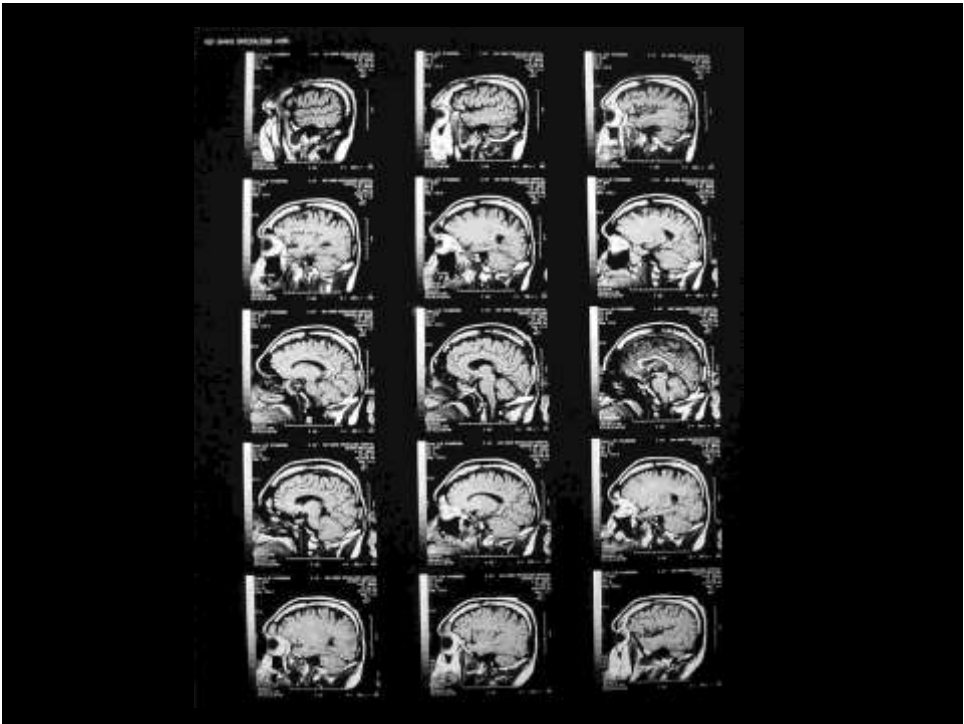
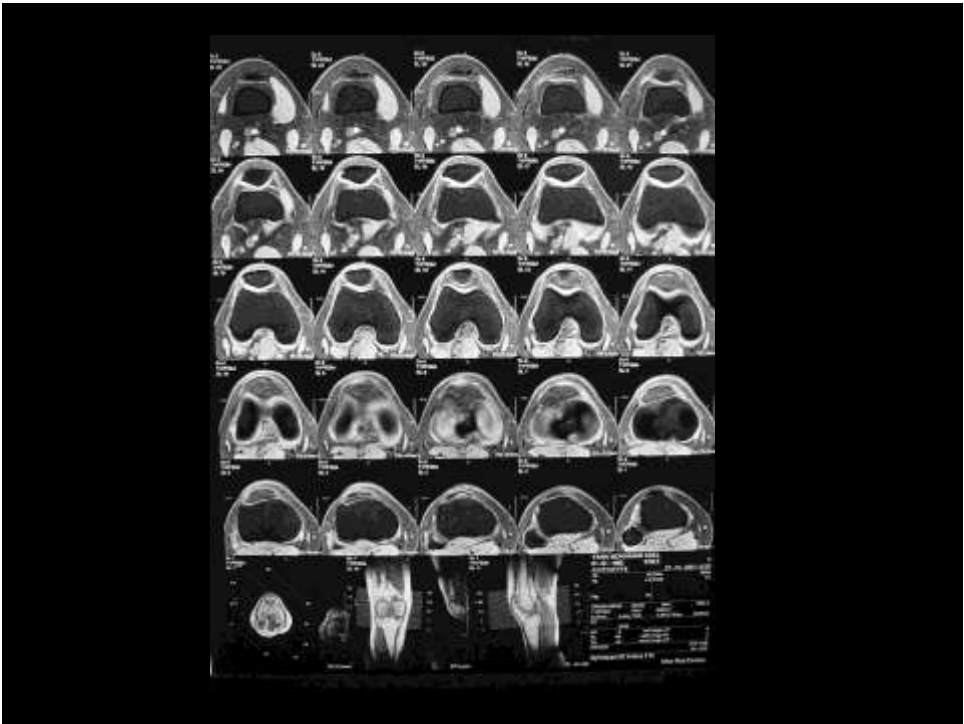


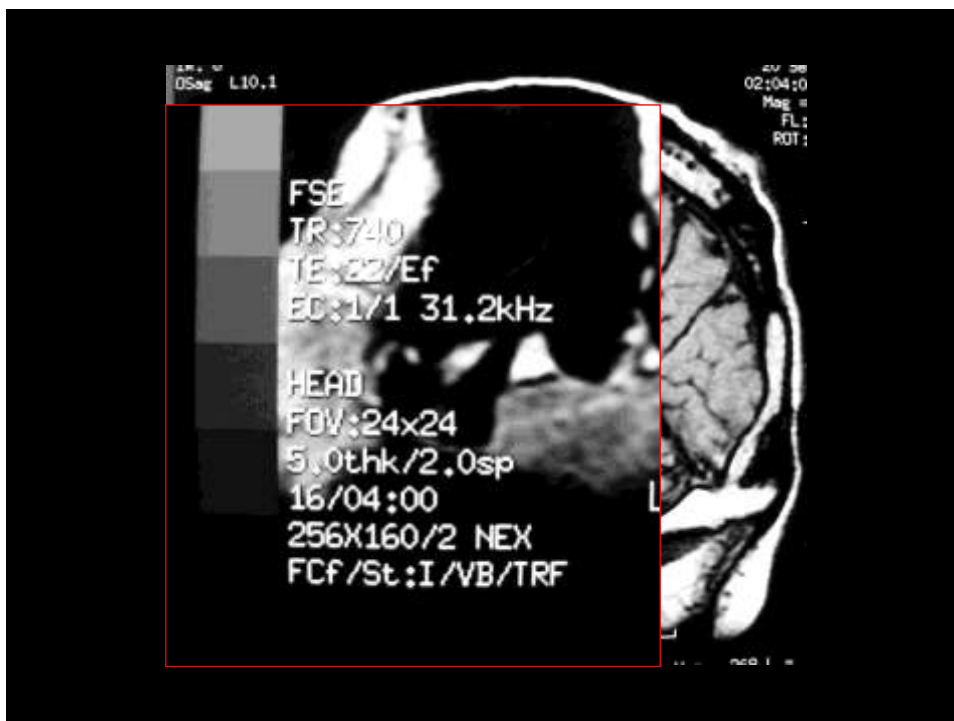
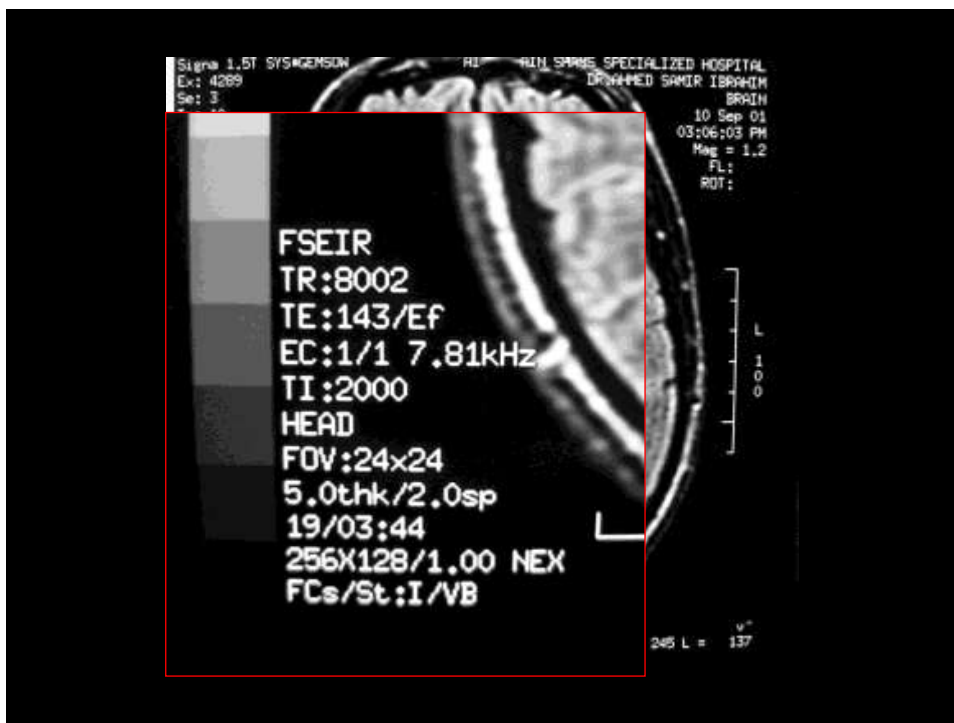
YARA MOHAMAD ADEL
01-01-1982 KNEE F
PDW/SAG/512\$ 27-10-2003.15:54
TR 1833 Slice 1/20
TE 17 Echo 1/1
TSE Fact 4
SAGITTAL RFOV 75% NSA 2
TSEM FOV 220/1.9
ScTime: 2:56m THK 3.5/0.4 Knee 256/512
AP 6 post Angle AP 3
RL -12 right Angle RL 2
FH -2 feet Angle FH 4
HWAIDA WW 1355
WL 942
Gyrosan NT Intera T15

Bone Marrow

T1 white, T2 Intermediate
Gradient > black, STIR: completely black







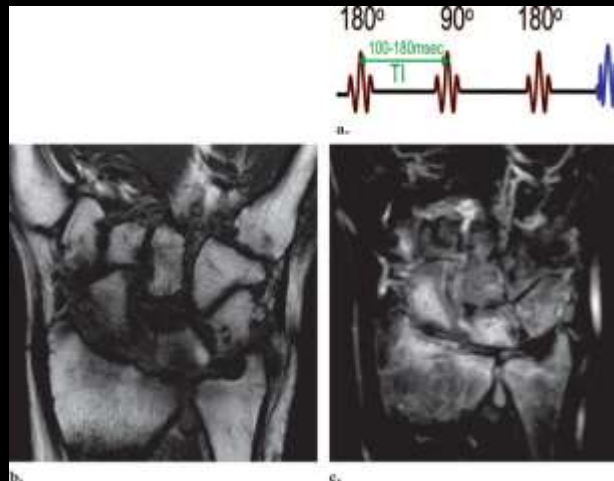
DR.AHMED SAMIR			
01-01-1973		BRAIN	M
26-08-2003,15:08			
TR	11000	Slice	1/22
TE	140	Echo	1/1
		TSE Fact	35
TI	2725		
TRANSVERSE		RFOV	80%
TIR/M		FOV	230/0.8
ScTime:	1:50m	THK	5.0/1.0
		Head	176/512
AP	-12	ant	Angle AP
RL	5	left	Angle RL
FH	-43	feet	Angle FH
			WW 1282
			WL 712

DR.AHMED SAMIR			
01-01-1973		BRAIN	M
26-08-2003,15:13			
TR	4523	Slice	1/22
TE	100	Echo	1/1
		TSE Fact	11
CORONAL		RFOV	80%
TSE/M		FOV	230/1.7
ScTime:	1:26m	THK	3.0/1.0
		Head	248/512
AP	-75	ant	Angle AP
RL	11	left	Angle RL
FH	25	head	Angle FH
			WW 1697
			WL 875
Gyrosan NT Intera T15			

YARA MOHAMAD ADEL				F	
01-01-1982		KNEE		27-10-2003,15:54	
TR	1833	Slice	1/20		
TE	17	Echo	1/1		
		TSE Fact	4		
SAGITTAL		RFOV	75%	NSA 2	
TSE/M		FOV	220/1.9		
ScTime:	2:58m	THK	3.5/0.4	Knee	256/512
AP	6	post	Angle AP	3	
RL	-12	right	Angle RL	2	
FH	-2	feet	Angle FH	4	
HWAIDA				WW 1955	
				WL 942	
Gyrosan NT Intera T15					



Role of STIR is crucial in Msk !



Gradient Echo

(10 - 35° pulse sequences)

- Gradient Echo sequences

- Large Flip angle = T1 w
- Long TE = T2* w

Characteristics:

- Short time
- Intense SI from vessels
- Flip angle 10-35°



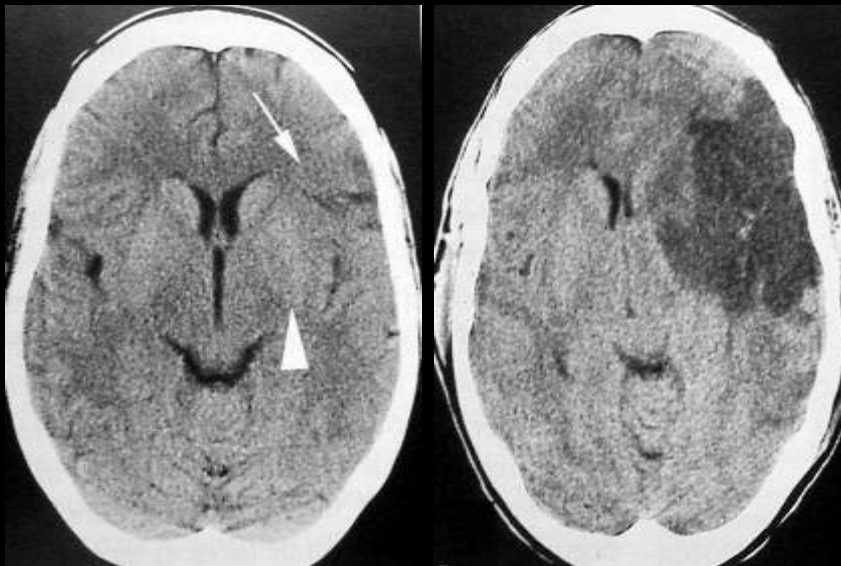
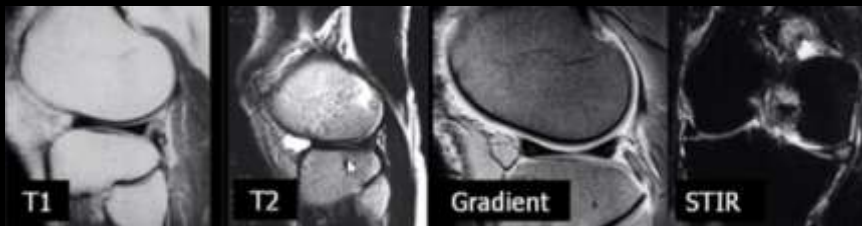
Bone Marrow

T1: white

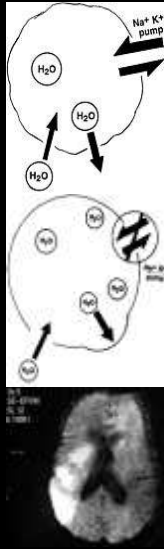
T2: Intermediate

Gradient: > black

STIR: Completely black

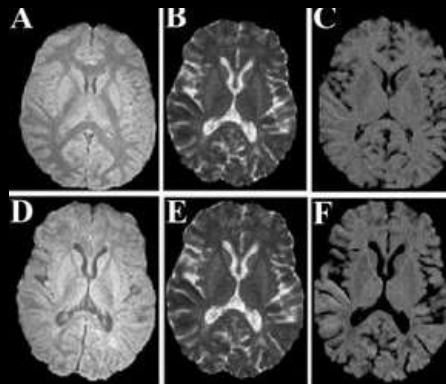


Special sequences: DWI

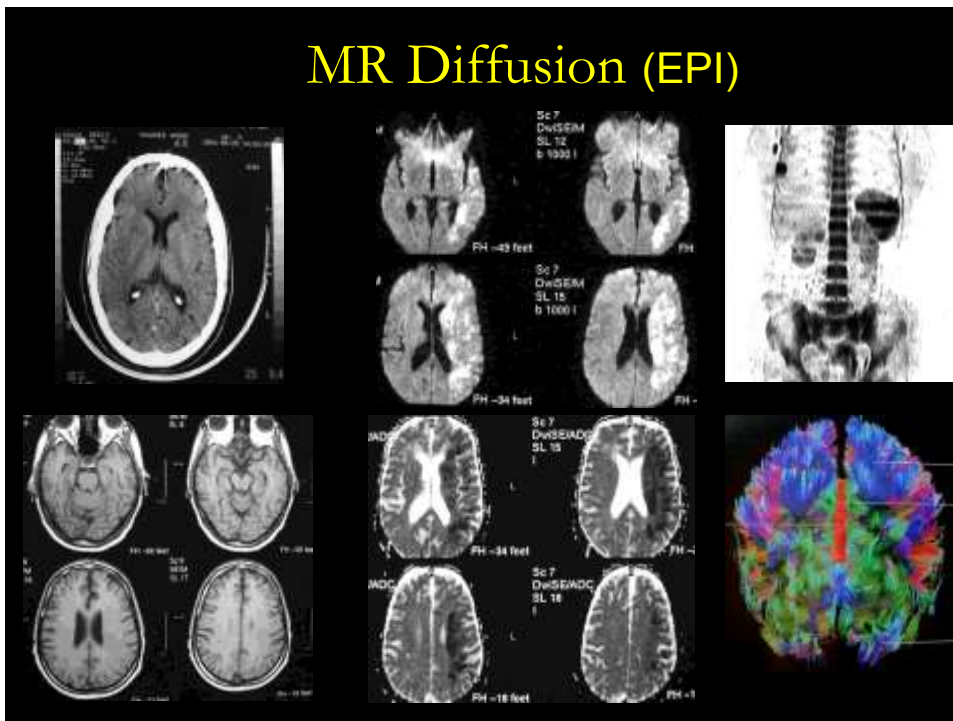


EPI = Echo planar imaging

MTI = Magnetization Transfer Imaging



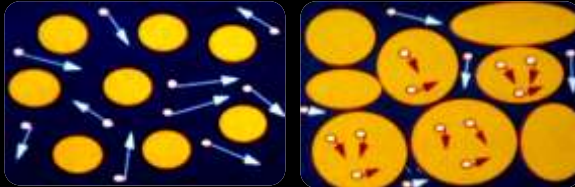
MR Diffusion (EPI)



Diffusion / ADC biological basis:

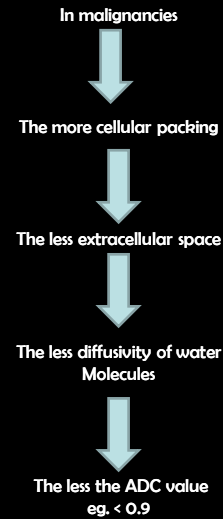
"DWI is the only imaging modality able to depict the random motion of water in tissues"

DWI 0: as T2w
 DWI 500: for ccc of any areas of restriction
 DWI 1000: for calculation of ADC values (never in LN < 5mm)
 DWI 2000: done for prostatic & ovarian pathologies



$>1.2 \text{ mm}^2/\text{s}$ = normal/benign
 $0.9-1.2 \text{ mm}^2/\text{s}$ = equivocal
 $<0.9 \text{ mm}^2/\text{s}$ = malignant









ADC values are directly \propto to water diffusivity



MRA sequences

- Time of flight (TOF): 2D or 3D
 - GE images related to flow movement
 - To separate venous/arterial = pre-saturation slab
 - Best for: small arteries, veins, aneurysm.....shows hge (short T1)
 - Good for high flow arteries & weak in low flow venous systems
- Phase Contrast (PC): Arterial:90 – Nidus:40 – Venous:10-20 cm/sec
 - Employs phase + shift of MR signal dt flow, i.e. all stationary tissues are suppressed (e.g. hge inside of an AVM is suppressed)
 - Longer imaging time
 - Don't forget its role in: CSF flowmetry
- Gd Enhanced MRA
 - On conventional injection: artery and veins are seen together
 - Pump Bolus tracking
 - Allows to grade stenosis: e.g 5-15 mm loss of SI = $> 75\%$ stenosis



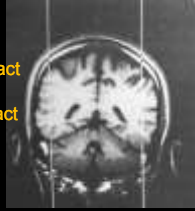
	Sequence type	Philips	Siemens
 T2-weight	Spin echo		
	Spin echo	SE	SE
	Multi spin echo	Multi SE	Multi spin Echo
	Fast spin echo	TSE (turbo SE)	TSE
	Ultra fast spin echo	SDT TSE	MAUTE
 T2	SD TSE TSE	uTSE	uTSE
	Inversion recovery		
	Inversion recovery	IR	Turbo IR, TIR
	True IR	Real IR	True IR
	Fast inverted recovery	IR TSE	Turbo IR/TIRH
 T2	STIR	STIR	STIR
	FLAIR	FLAIR	FLAIR, Turbo Dark Fluid
	Spectral inversion for saturation	SPR	Pop Sat
	Gradient echo		
	Gradient echo	TTE	GRE
 T2	Spectral gradient echo	T1 TTE	FLAIR
	Ultra fast gradient echo	T1 TSE/TSE TSE	Turbo FLASH
	T1 3D GRE with fat suppression dynamic	TurboIR	VIBE
	T1 3D GRE with fat suppression	WAVE	
	Ultrafast 3D GRE	3D TTE	MPRAGE
 T2	Ultrafast GRE with magnetization preparation	IR TTE	Turbo FLASH
	Magnetization prepared GRE	PROST (MRT, MPT, MUR)	Water Excitation
	Inversion magnetization GRE	TurboIR	VIBE
	Heads Up GRE	TTE	FLIP
	Contrast Enhanced Dynamic True GRE	T1 TTE	FLIP
 T2	Balanced GRE	SPH	TRUS POP
	Fast balanced gradient echo	BTIR	
	Distal echo planar image Multi echo	mDPC	MRDC
	Spin echo - echo planar	SE-EPH	EPH
	Gradient echo - echo planar	TTE-EPH	EPH Performance/EPH
 T2	Hyperfast echo	DRAGE	Turbo GRE
	MRA		
	T2F (Time of Flight, MRA)	ultra MRA	T2F
	T1 3D with fat suppression MRA/capillary	SL3D	uGRE
	Time resolved T1 3D with fat suppression MRA/capillary	4D SL3D	
 T2	T1 3D with fat suppression	TurboIR	VIBE
	Time resolved T1 3D with fat suppression	4D TurboIR	
	Time resolved with contrast	4D TRAR	TimeIR
	CE MRA (real time contrast timing)	Real Time	CardioIR
	CE MRA with scanning table	MultiScan, MultiPlan	TPI CT Angio

MRI Sequences

SE based sequences	GRE sequences		
Long, Flip angle 90, RF pulse	Short, variable flip angle, variation of gradient		
<ul style="list-style-type: none">• Fast SE variant• Inversion recovery:<ul style="list-style-type: none">• STIR (SPIR): short T1 IR• FLAIR: fluid attenuated IR	<ul style="list-style-type: none">• Fully refocused GRE: SSFP (cardiac)• Partially refocused GRE: MRA• Coherent (refocused)• Incoherent (spoiled):<ul style="list-style-type: none">• Post-GD GRE-T1• In phase / Out phase (abdominal MRI)• Phase contrast: Angio MRA, MRV, mixed• DWI / ADC:<ul style="list-style-type: none">• Echo-planar Imaging (EPI)• Fast GRE• Fat signal suppression (Fat saturation tech)		
	GE	Siemens	Philips
	GRASS Spoiled GRASS SSFP IR-GRASS	FISP FLASH FISP TurboFLASH	FFE T1 CE FFE T2 CE FFE FTE

MR Artifacts

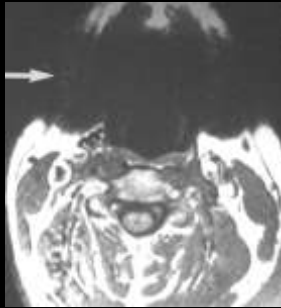
- 1- Wrap around (aliasing)
- 2- Gibbs artifact (truncation)
- 3- Magnetic susceptibility artifact
- 4- Motion artifact
- 5- Transverse coherence artifact
- 6- Flow artifact
- 7- Chemical artifact



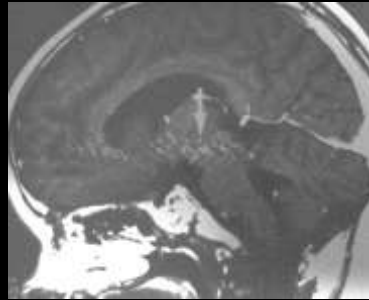
Wrap around (aliasing)



Chemical artifact



Magnetic susceptibility artifact



Motion artifact

Part II

Neuro/Spine Anatomy & Protocols

- Neuro MRI
- Sella
- Temporal
- Head & neck

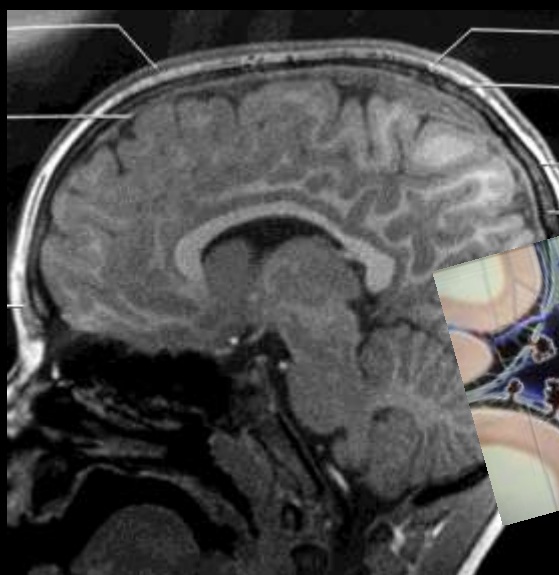
Brain MRI

Anatomy/protocols

Anatomy-based Imaging issues

Imaging pitfall

- i. Thick skull is a normal variant
- ii. Hyperostosis of frontal bone is common in old F
- iii. Calvarial lucencies are to be DD with Mets (go for fat suppression)
- iv. Giant granulomas not to be mistaken for thrombus



Anatomy-based
Imaging issues

Imaging pitfall

i. Flair is used to DD
PVSs (suppressed)
from lacunar infarct
(not suppressed)

i. PVSs are mainly seen
on 1.5T and more on
3T machines

i. PVSs: perivascular
spaces are filled with
ISF communicating
with SAS

Anatomy-based
Imaging issues

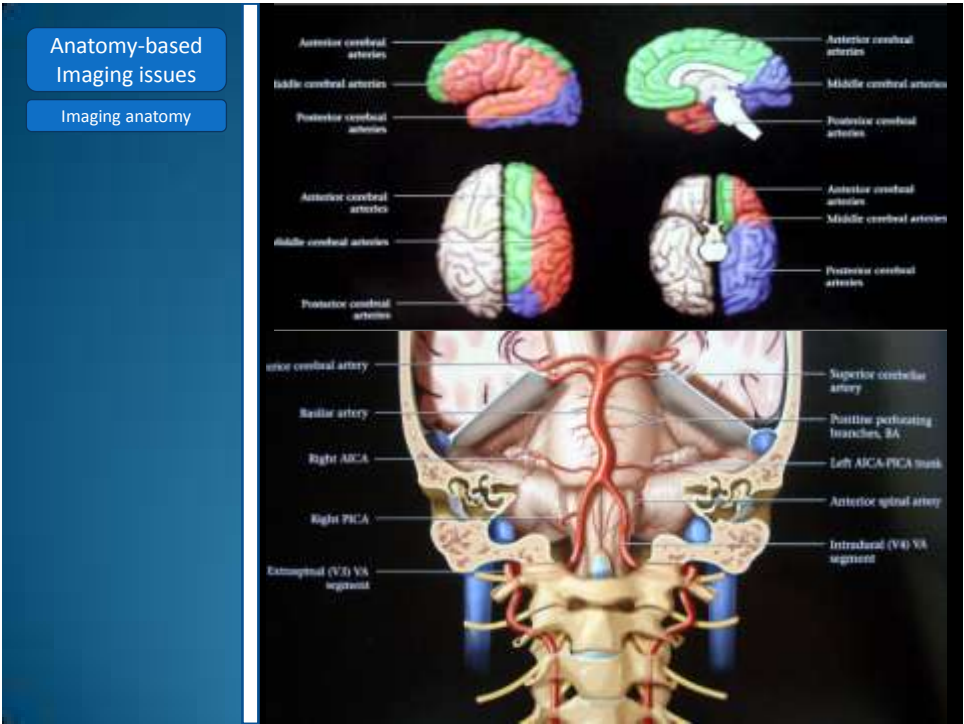
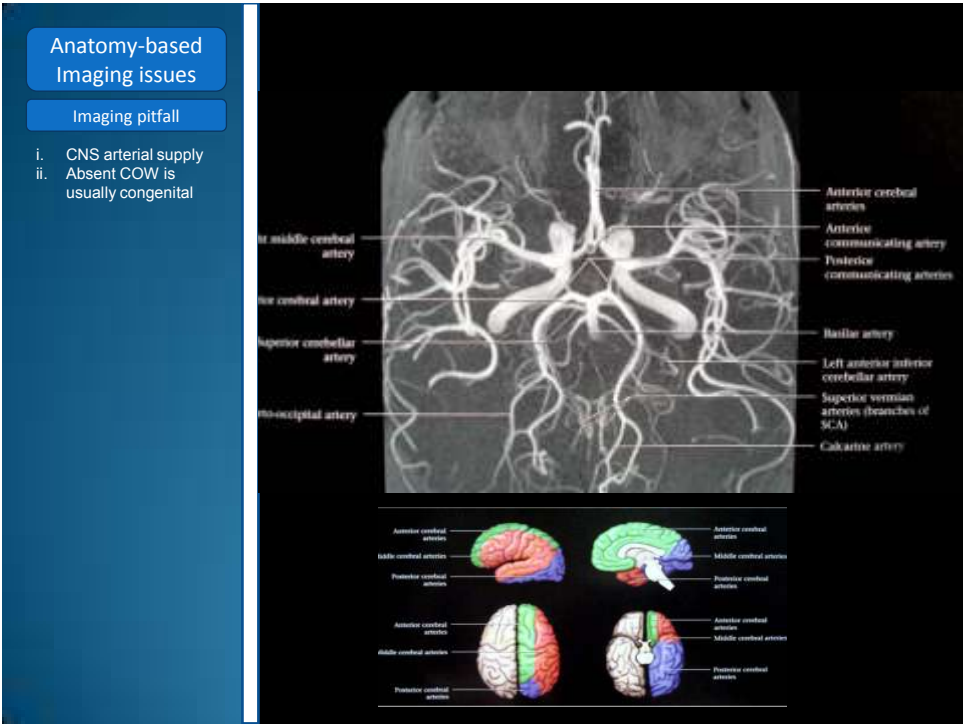
Imaging pitfall

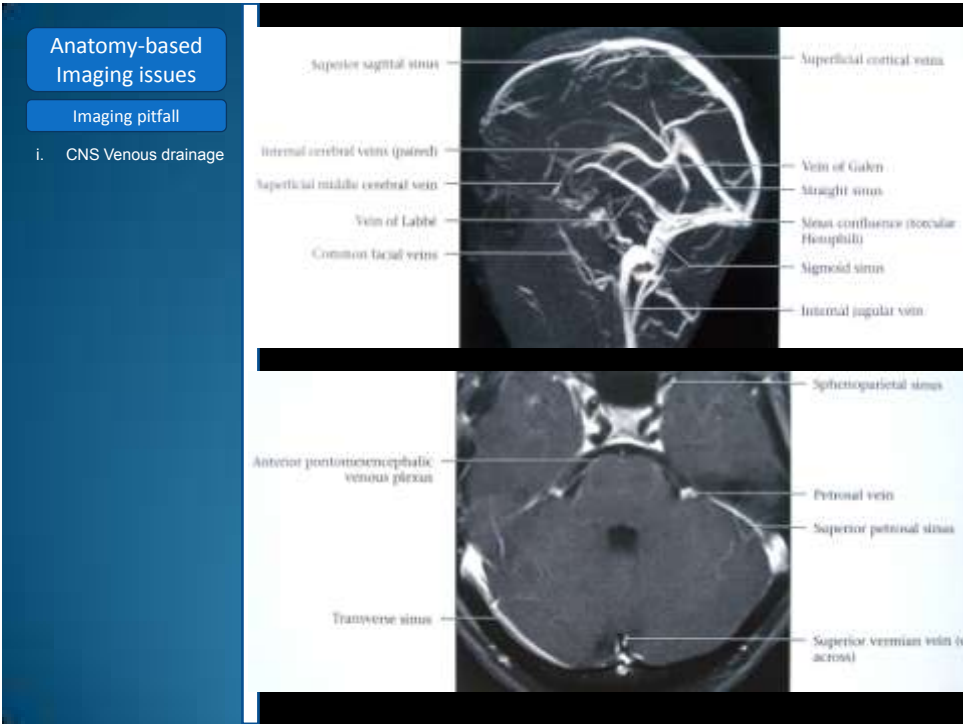
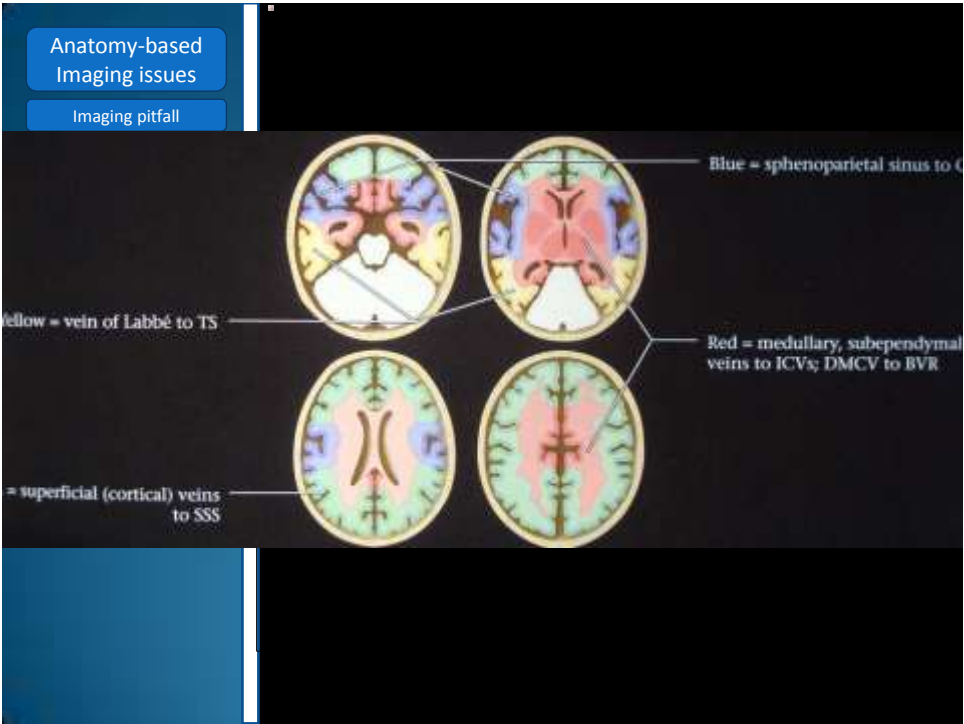
i. WM maturation
i. 1st 6m: T1
ii. 2nd 6m: T2

iii. 1st 6m: T1 is as adult
T2

iv. 2nd 6m: T2 is as adult
T1

v. Myelination inf to sup-
central to peripheral-
posterior to anterior

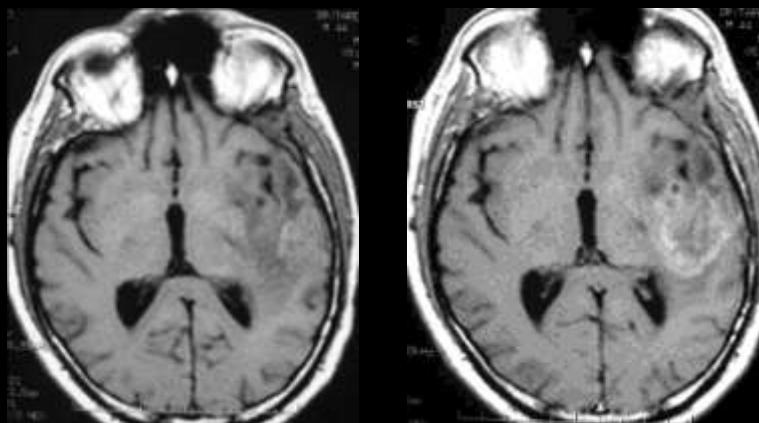




MR Brain protocol

1. T1 W axial
2. T2 W axial
3. T1 W sagittal
4. T2 W coronal
5. FLAIR axial
6. DWIs Axial

Brain MRI



MR Brain stroke protocol

Stroke add to routine:

- SWI
- DWI EPI + ADC Map
- T2* W axial (FFE) (sensitive to hemosiderin)
- 3D T.O.F. MRA for Brain

If hyperacute stroke: (i.e. < 6 hrs)

- Axial T1 W, FLAIR
- Then do:
- Perfusion dynamic (post Gd-DTPA)

Advanced Neuro functional MR techniques

- Susceptibility weighted imaging (SWI)
- MR Spectroscopy
- MR Perfusion
- DTI & Tractography
- Functional MRI (f-MRI)



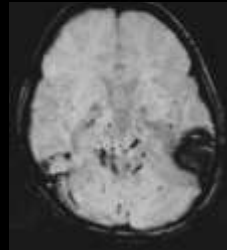
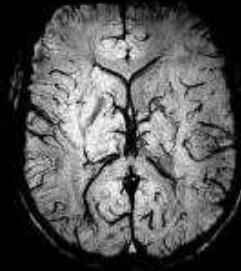
SWI

Susceptibility Weighted Imaging = Venous BOLD

3D velocity compensated
Gr. echo sequence

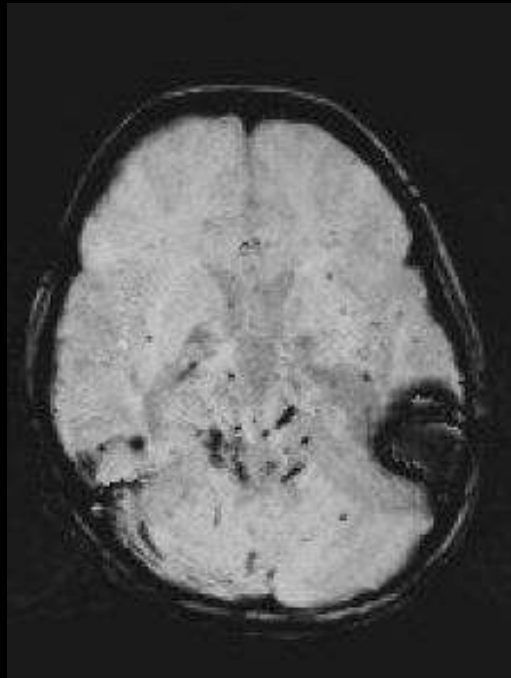
Applications:

1. Venous ischemia: sinus thrombosis
2. Axonal injury
3. Hgic infarction
4. Non-aneurysmal SubA hge
5. AVM
6. Amyloid angiopathy
7. PRESS
8. Demyelinating diseases: high Fe
9. Hge in tumors: microhge, neovessels



SWI

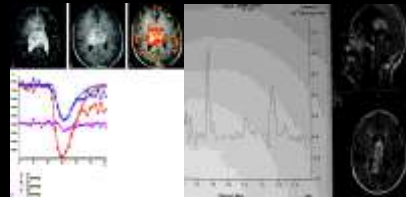
Susceptibility
Weighted
Imaging



MR Brain protocol

For tumors, inflammatory etc...add to routine

- T1 W axial + c (MTC)
- T1 W coronal + c (Fat suppression)
- T1 W sagittal + c
- MR Spectroscopy (MRS), DTI
- T2* perfusion
- 4D T1 perfusion



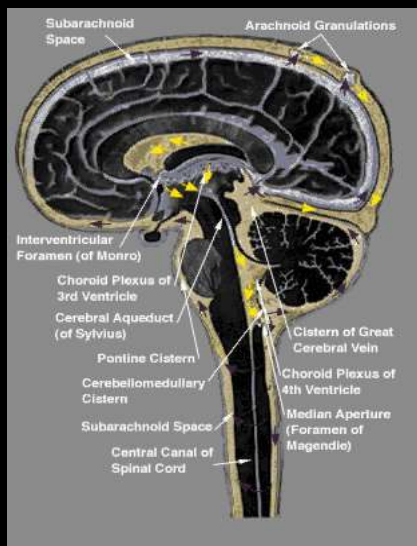
Epilepsy add to routine:

- FLAIR coronal (thin cuts 3/0 // to temporal lobe).
- T2W coronal (thin cuts 3/0// to temporal lobe).

Multiple sclerosis add to routine:

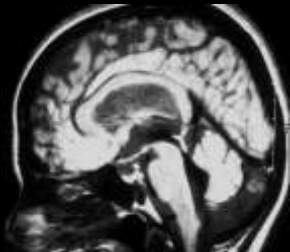
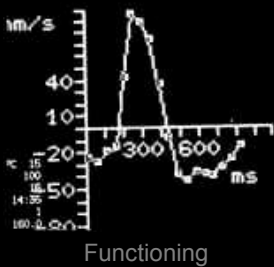
- T2 W sagittal

CSF flowmetry



Hydrocephalus (NPH)

- T1 W sagittal
- PD axial
- Phase Contrast (10 cm/sec)

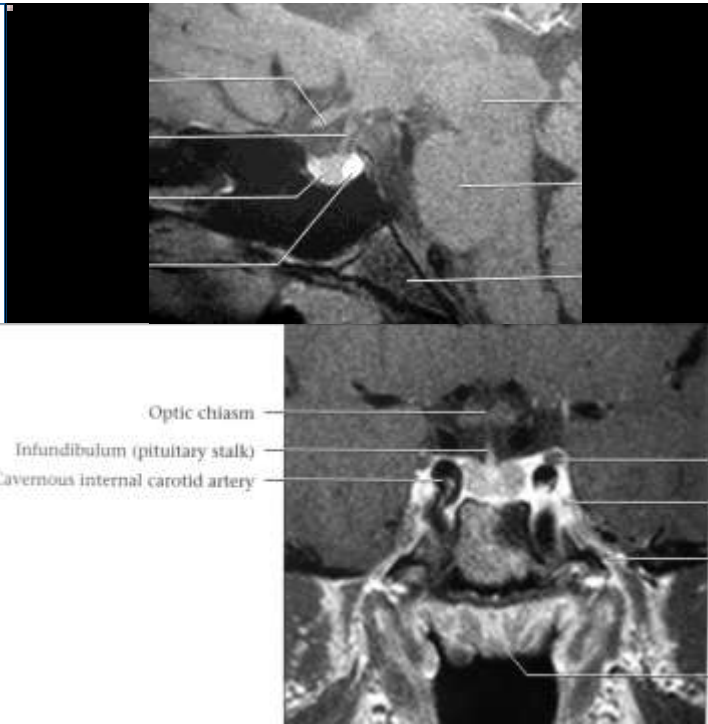


Mal-functioning

Anatomy-based Imaging issues

Imaging pitfall

- i. Non C T1 Fat sat showing T1 shortening in NH = PPBS = post pituitary "bright spot"
- ii. < 6mm in children, 8mm in males up to 10-12 mm in F (post M, lactating pregnancy)
- iii. Clivus low signal till 25 yrs. then high fat S
- iv. Empty sella
- v. Pineal cyst > 1cm are to be follow up (B pineal cysts are common)



MR Sella protocol

Sella : Macro-adenoma, craniopharyngioma, cyst, etc..

- T2 W axial brain
- T1 W sagittal sella
- T1 W coronal sella



Injection Contrast

- T1 W coronal sella
- T1 W sagittal sella

Important: in case of post-operative sella do post contrast T1 coronal & sagittal e fat suppression

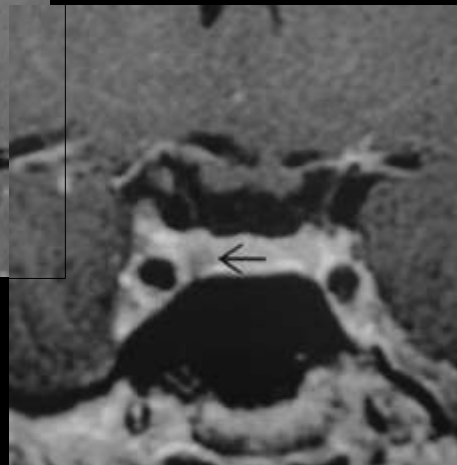
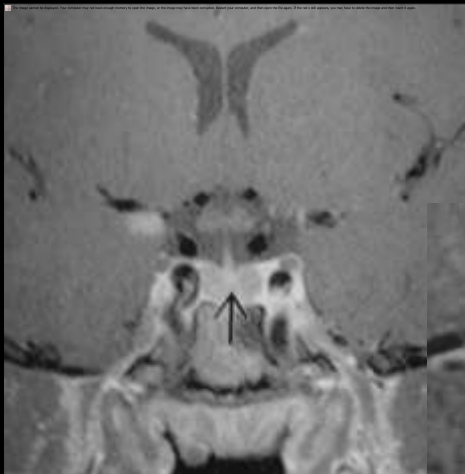
Micro-adenoma (hyperprolactinaemia):

- T2 W axial brain
- T1 W sagittal sella
- T1 W coronal sella



Post injection do:


- Coronal (dynamic: 5 positions, 5 phases)
- T1W Coronal Delayed
- T1 W sagittal




Anatomy-based
Imaging issues

Imaging pitfall

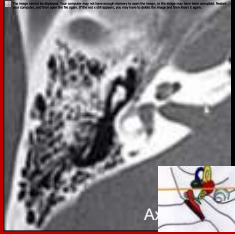
IAC MRI




Axial CT-down



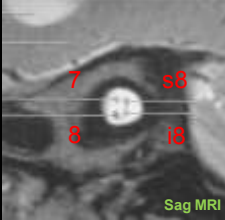
Axial CT



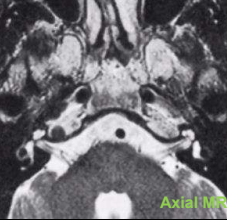
Axial CT



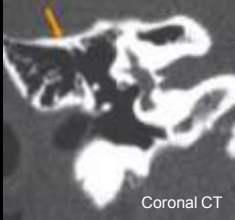
Axial CT



Sag MRI



Axial MRI



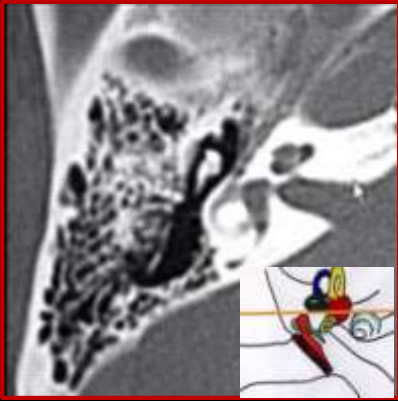
Coronal CT

Anatomy-based
Imaging issues

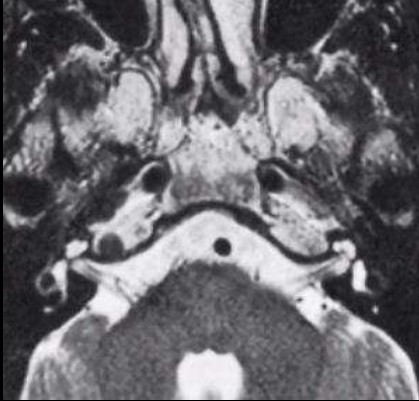
Imaging pitfall

IAC MRI

i.



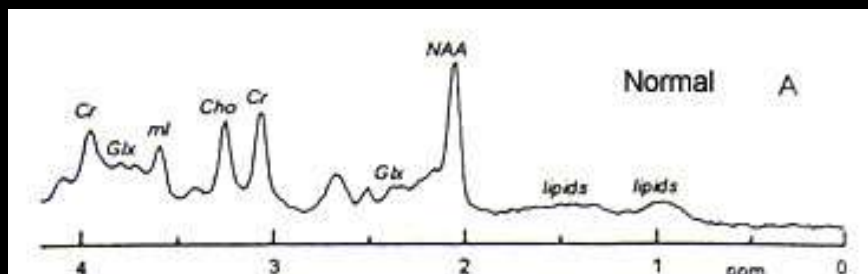
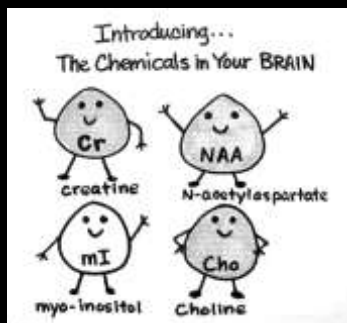
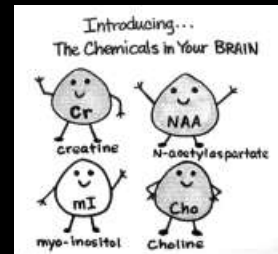
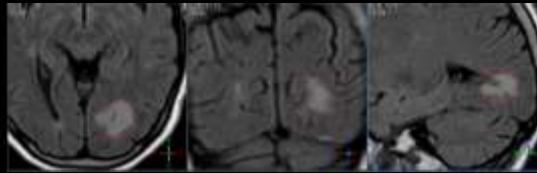
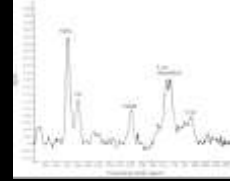
Axial CT



Axial MRI

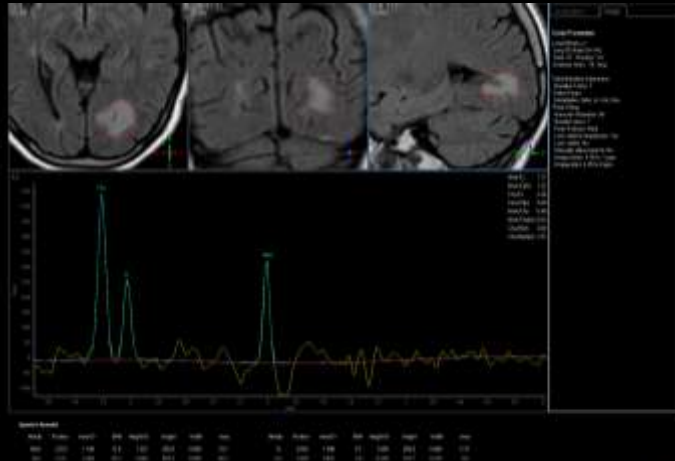
Spectroscopy: MRS chemicals

- 1- **NAA**: a marker of neuronal integrity.
- 2- **Choline**: a marker of cell membrane turnover.
- 3- **Creatinine**: a marker of cell energy & osmotic balance.
- 4- **Lactate**: refers to tumor hypoxia & anaerobic metabolism.
- 5- **Lipids**: refers to cellular necrosis



MRS = Spectroscopy

I- Single-voxel techniques



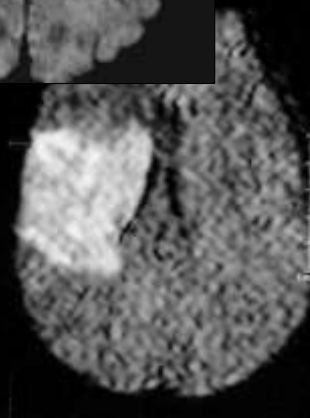
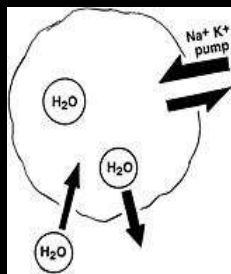
II- Multi-voxel techniques



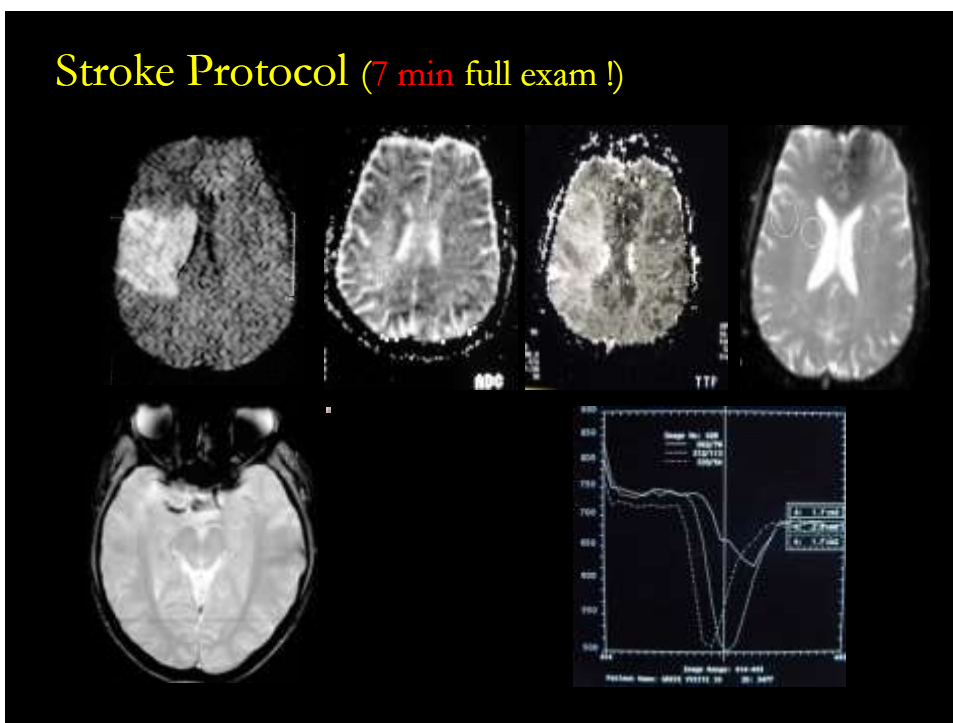
Diffusion & DTI (tractography)



Diffusion MR

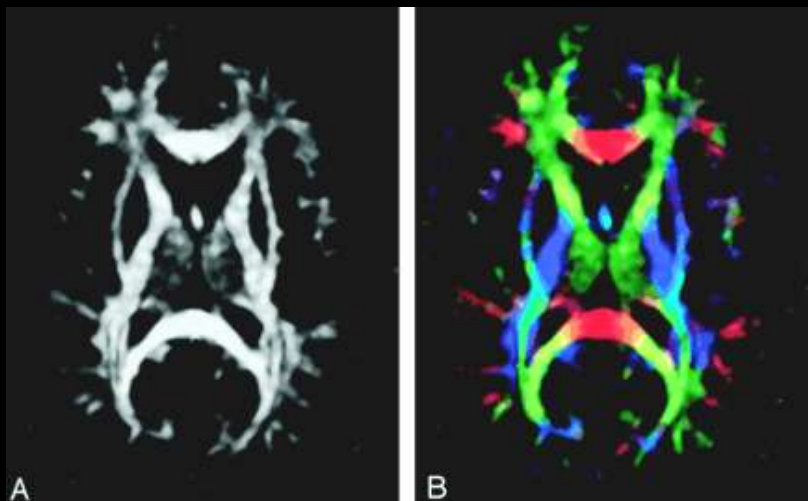


Stroke Protocol (7 min full exam !)



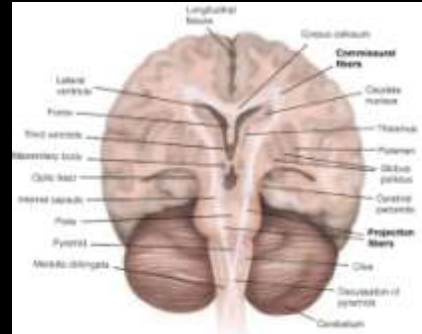
Fractional Anisotropy (FA)

Corresponding 2D
directional color map

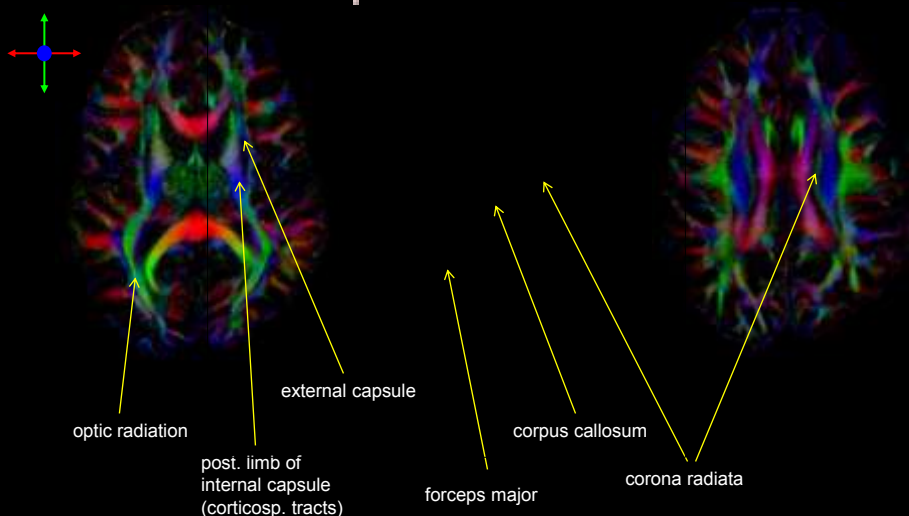


Types of White Matter fibers

- 1) **Commisural fibers:** between both cerebral lobes
e.g. corpus callosum
- 2) **Projection fibers:** between cortical center and deep nuclei
e.g. corticospinal
- 3) **Association fibers:** between cortical centres e.g. arcuate fasciculus between Wernicke's & Broca's areas.

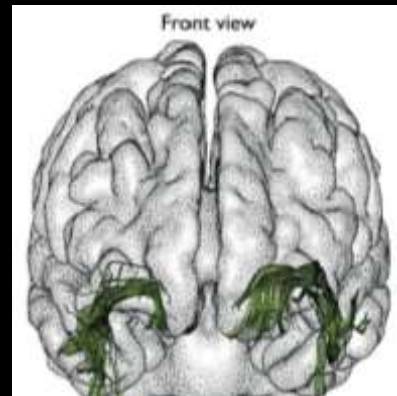
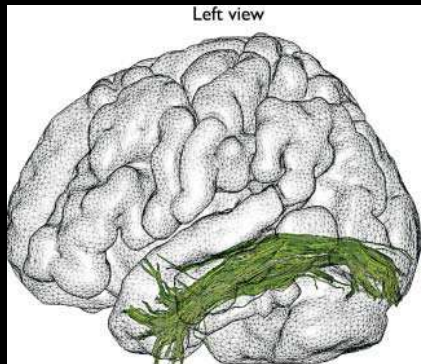


3T SENSE-DTI: Fractional Anisotropy (FA)



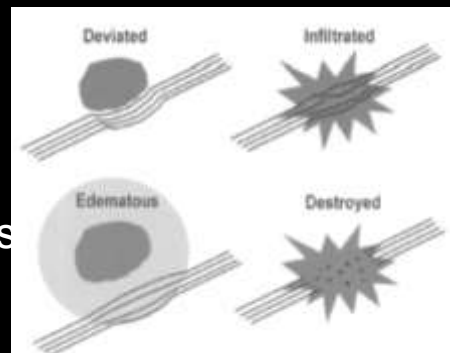
High resolution (256x256) color coded FA map
R=2.4 TE=101ms 4 scans (each NSA=4)

Inferior longitudinal fasciculus.

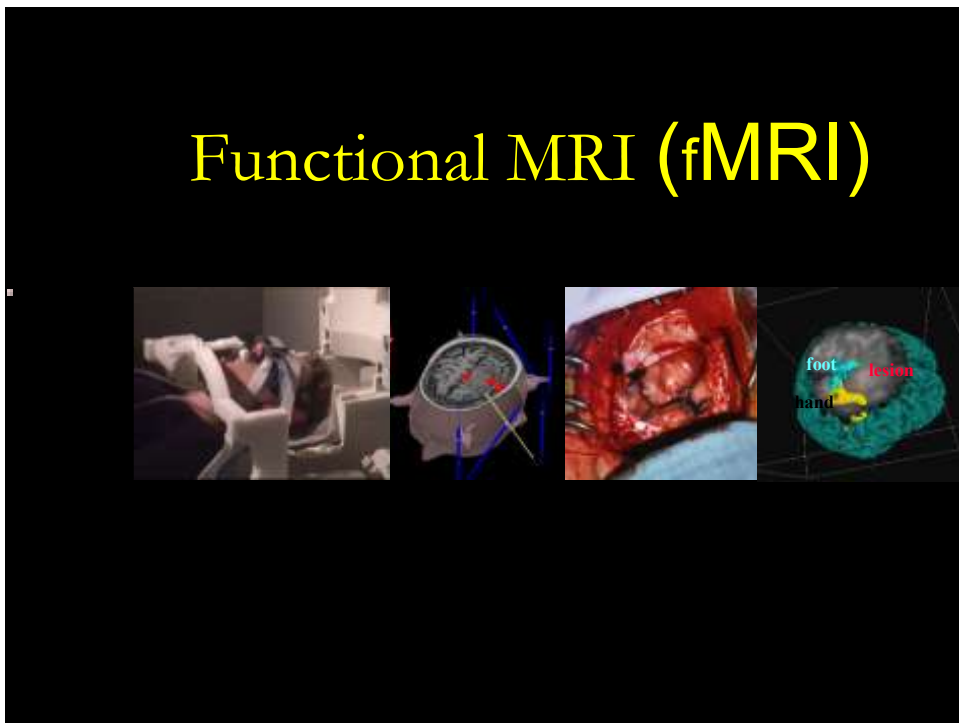
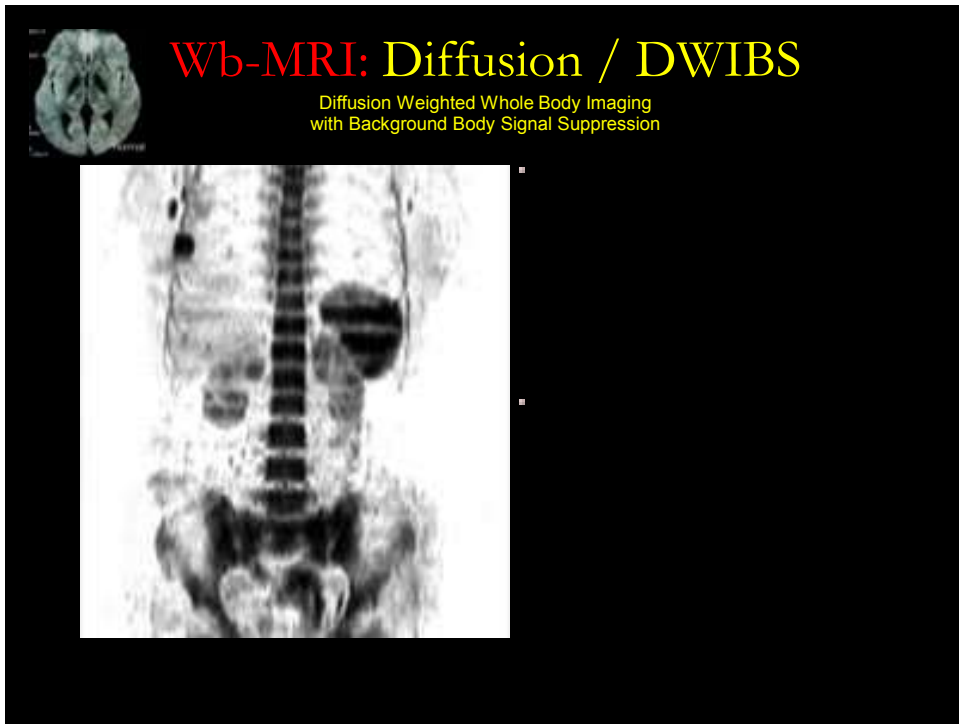


Effects of Brain Tumors on white matter tracts as determined by DTI & MR Tractography

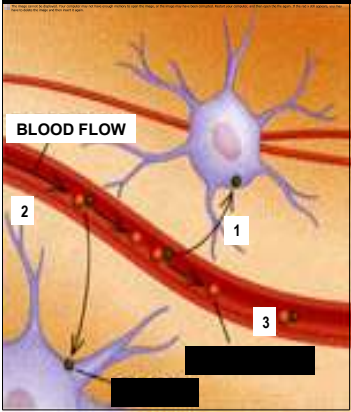
- 1) Deviation
- 2) Infiltration
- 3) Edematous changes
- 4) Destruction



Quoted from Jellison et al., AJNR, 2004



Visualising the brain at work (BOLD)



Increase in neuronal activation

Slight increase in O_2 extraction (1)
+
Large increase in perfusion (2)

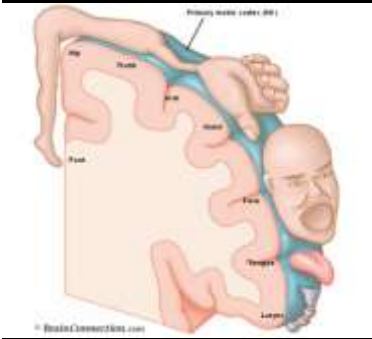
Increase oxyHb in capillary & venous blood / decrease deoxyHb (3)

Increase in $T2^*$ MR signal



Quoted from Stephan Sunert, MD

fMRI sensorimotor mapping

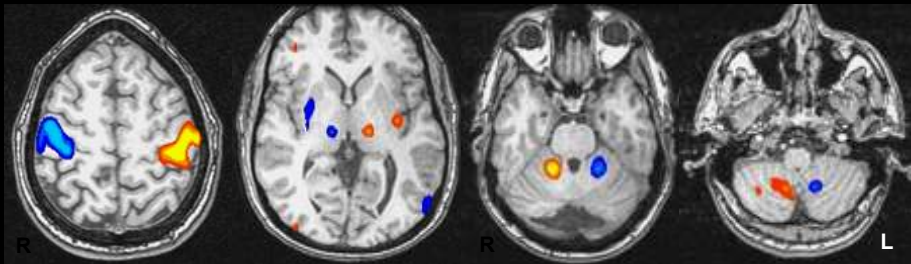


Post

Ant

hands, feet and mouth

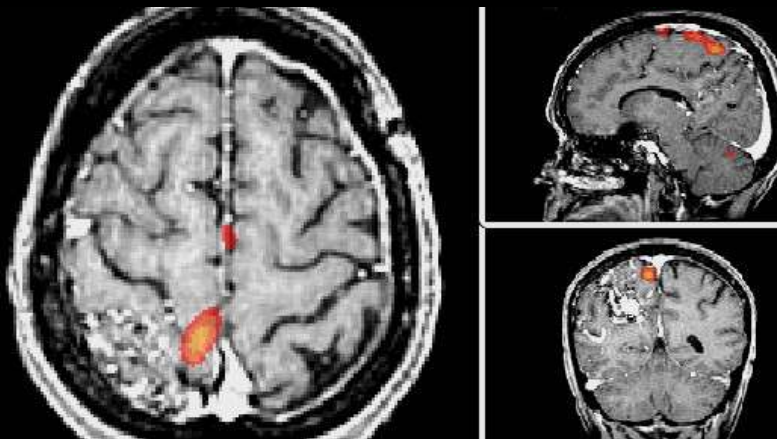
fMRI sensorimotor paradigms

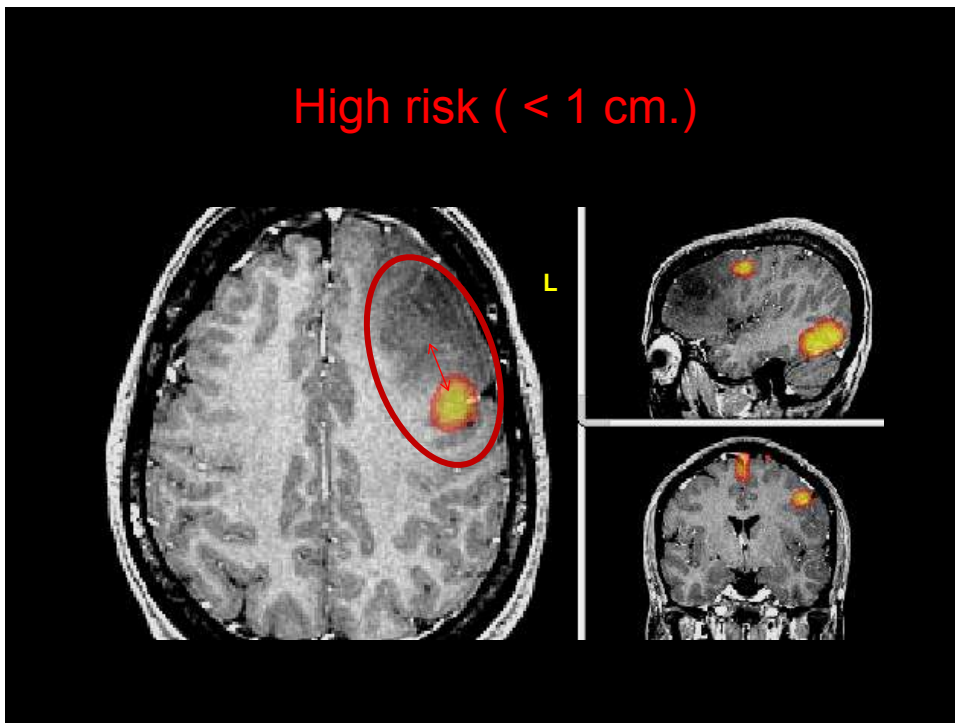


Yellow/orange = right hand

Blue/cyan = left hand

Foot / ankle motion



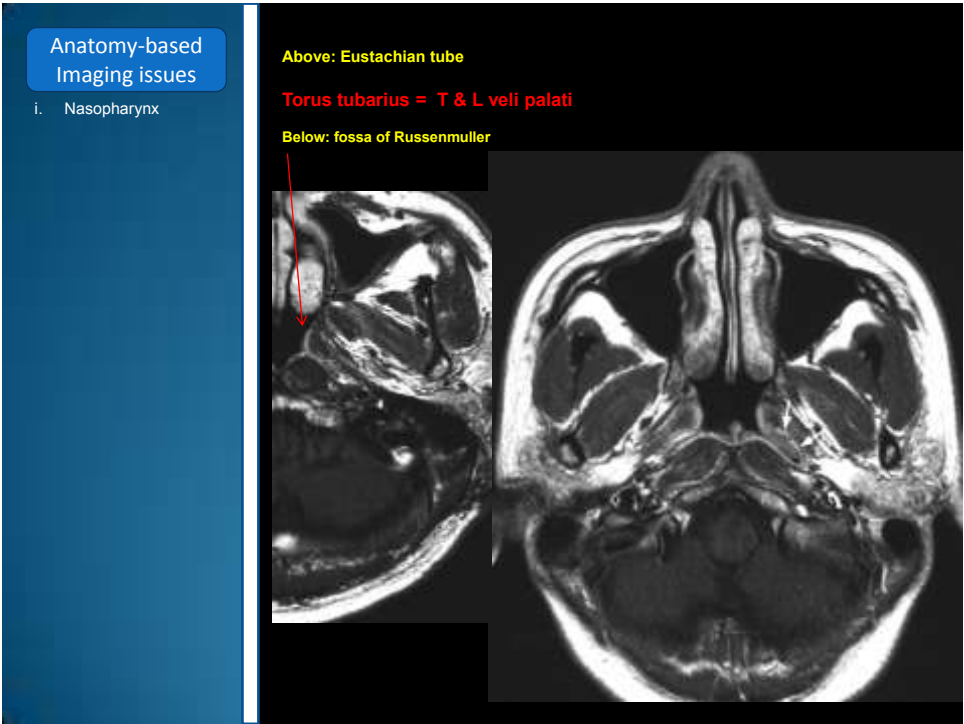
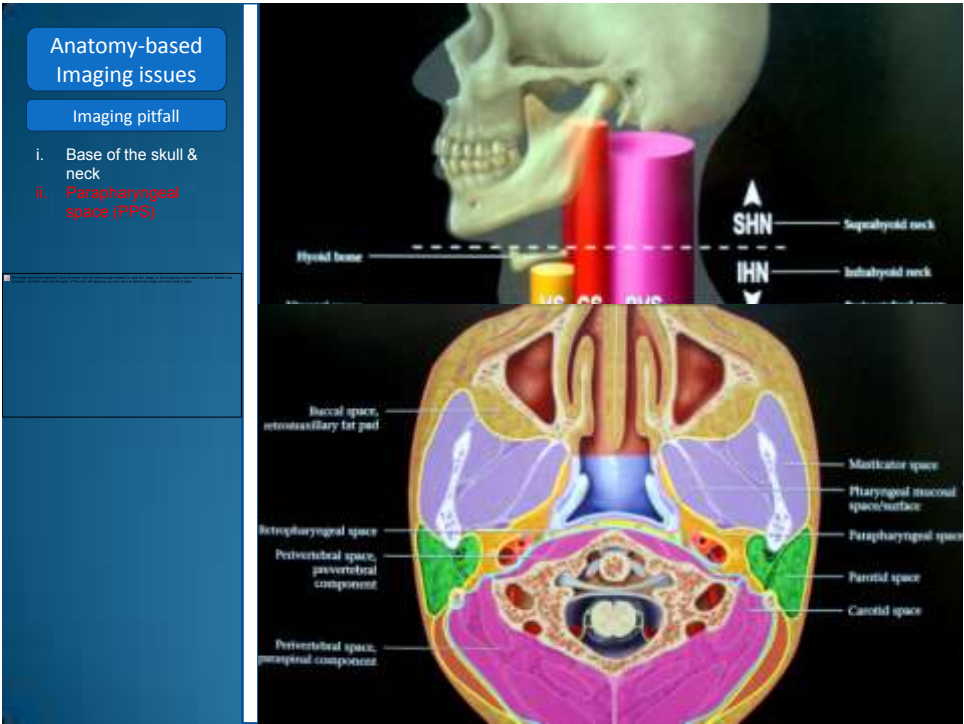


Orbits & Brain

- T2 W axial brain
- T1 W axial (orbits)
- T2 W axial (orbits)
- T2 W oblique sagittal (both orbits)

Post Injection:

- T1 W coronal SPIR (orbits).
- T1 W axial SPIR (orbits).
- T1 W oblique sagittal SPIR (both orbits)



Anatomy-based
Imaging issues

Imaging pitfall

i. Axial: geno glossus

ii. Below it: geno-hyoal

Parapharyngeal space (PPS)

Strap muscles

Anatomy-based
Imaging issues

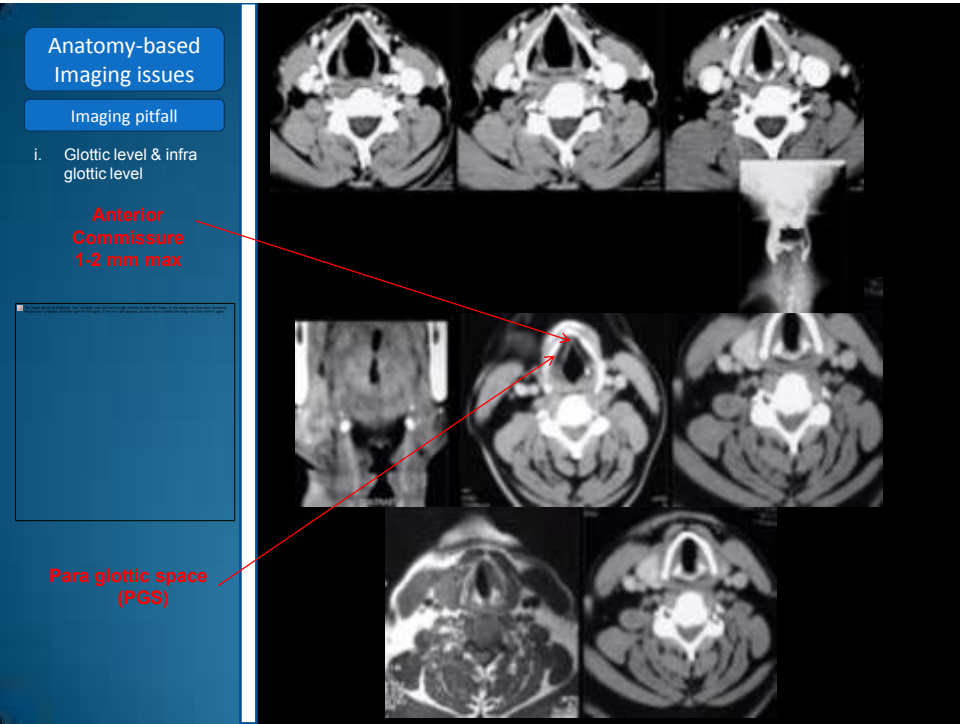
Imaging pitfall

i. Glottic level

ii. Glottis – epiglottic fold / 2 valleculae

iii. Aryepiglottic fold / 2 piriform fossae

Pre epiglottic space or fat (PES)

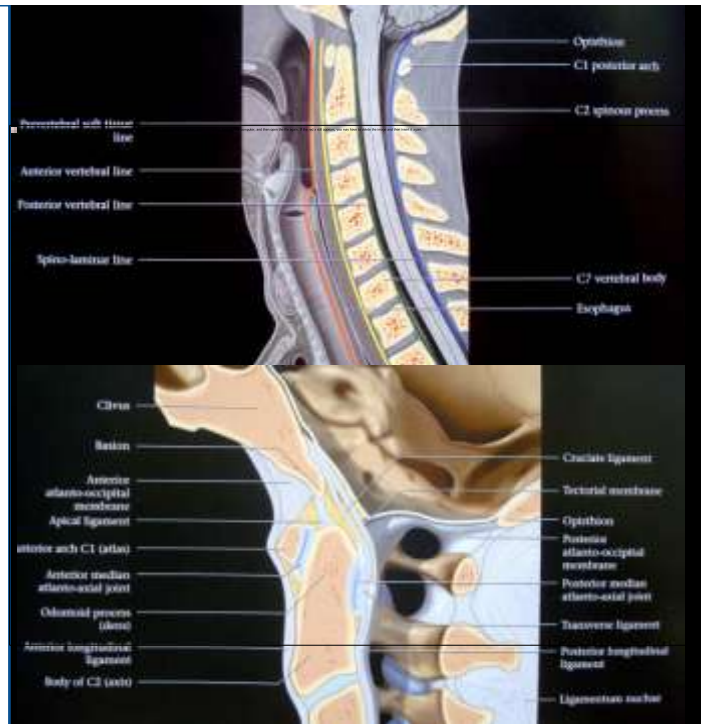


Spine MRI

Anatomy-based Imaging issues

Imaging pitfall

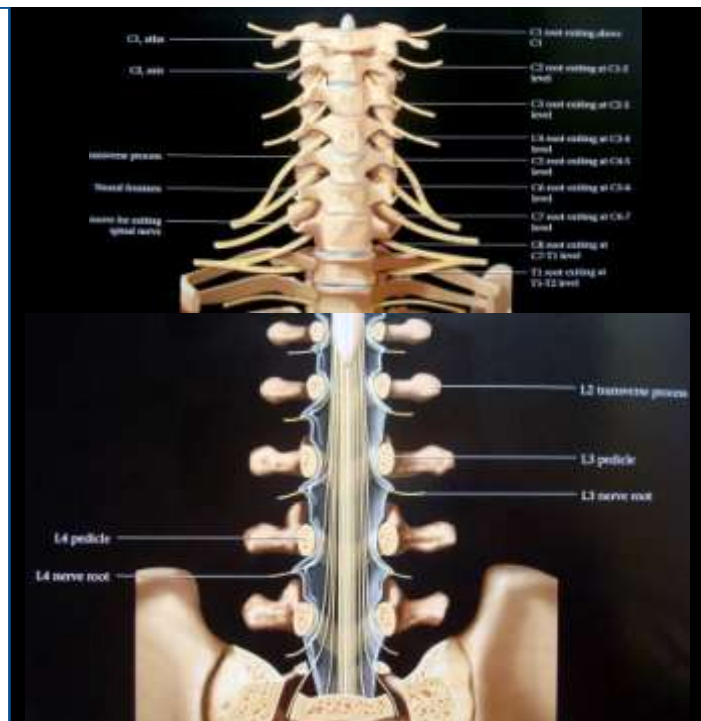
- 7,12,5,5,4 is found in only 5% of population
- Big L5 transverse process = sacralized lumbar vertebra
- Elevated S1 above sacral fusion = lumbarized sacrum
- Lumbar/sacralization may need whole spine numbering from C2 downward
- Cerebellar herniation



Anatomy-based Imaging issues

Imaging pitfall

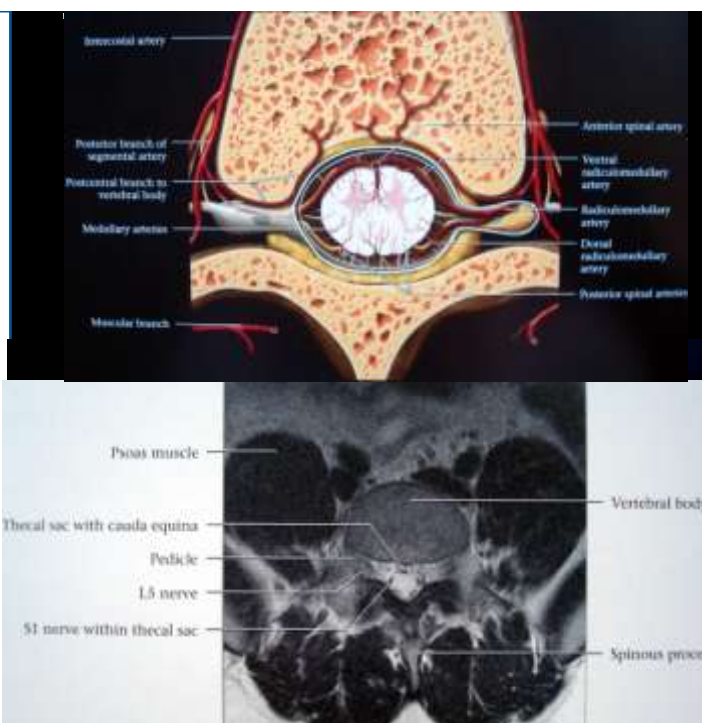
- Nerve roots
- C7 transverse vertebrae goes down
- T1 transverse vertebrae superolaterally



Anatomy-based Imaging issues

Imaging pitfall

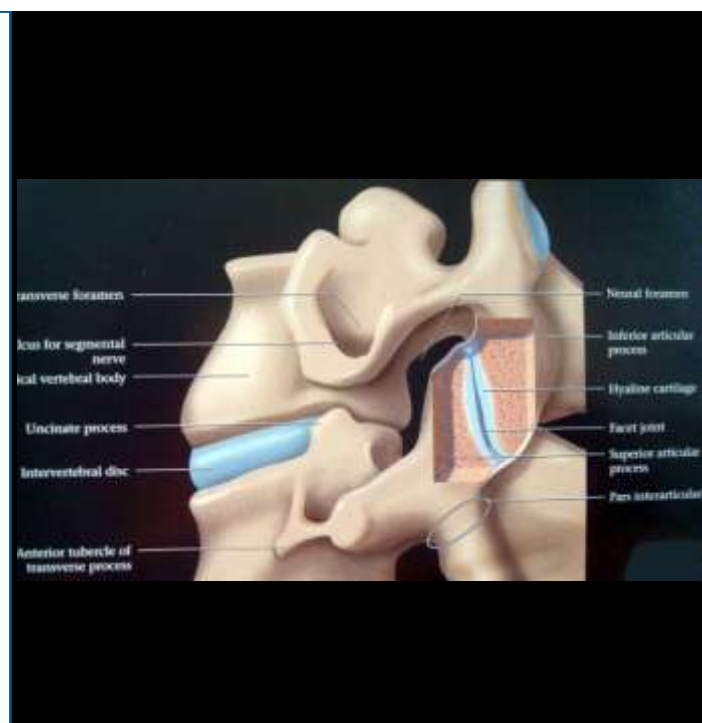
- Vascular watershed area of the cord = central grey matter
- ASA affects ant 2/3 of the cord
- Hypotensive infarcts affects central grey matter



Anatomy-based Imaging issues

Imaging pitfall

- Spondylosis = pars interarticularis fracture
- Spondylolisthesis = slip of vertebrae
- Tropism = vertebral facet zygapophyseal joint asymmetry (sever >16degree)



Cervical Spine p.

- T2 W sagittal
- T1 W sagittal
- T2 W axial (stack) on discs
- T2* W axial FFE (volume).



+ Post contrast: T1 W axial & sagittal +/-SPIR

Lumbar Spine p.

- T2 W sagittals
- T1 W sagittals
- T1 W axials
- T2 W axials

+ Post contrast: T1 W axial & sagittal SPIR

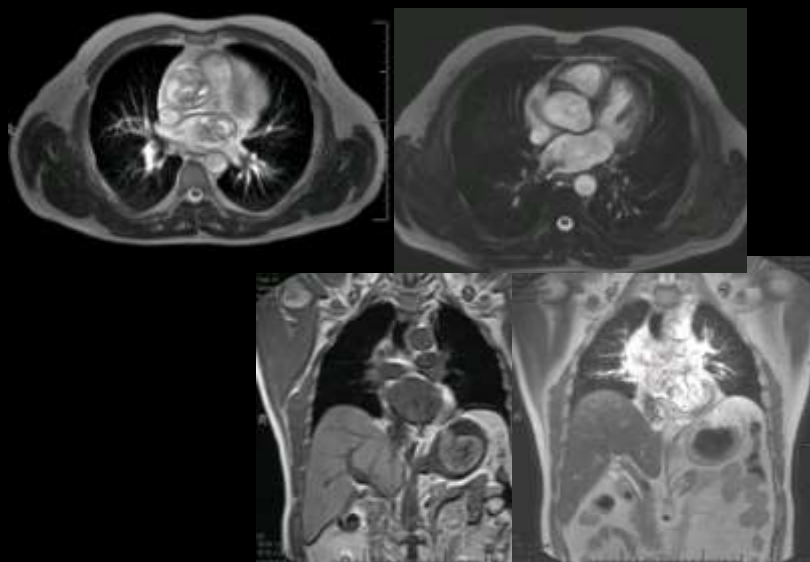
Part III

Body/Msk

Anatomy & Protocols

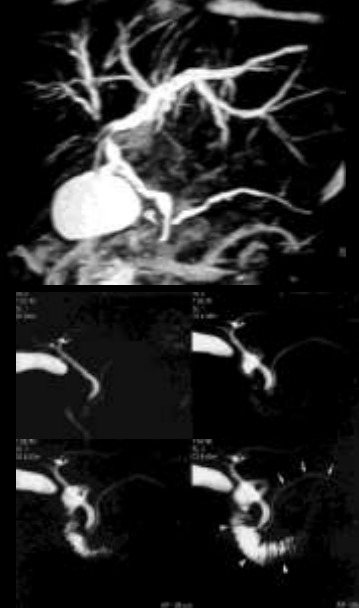
Body MRI

CMR: Chest MRI is now possible



MRCP: Biliary MRI

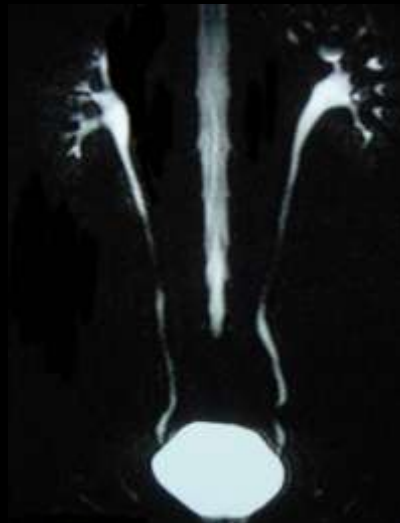
- T2W Axial
- DWI Axial
- BFFE Axial + Coronal
- Single shot MRCP (4-6 shoted)
- 3D MRCP



MRU Urography

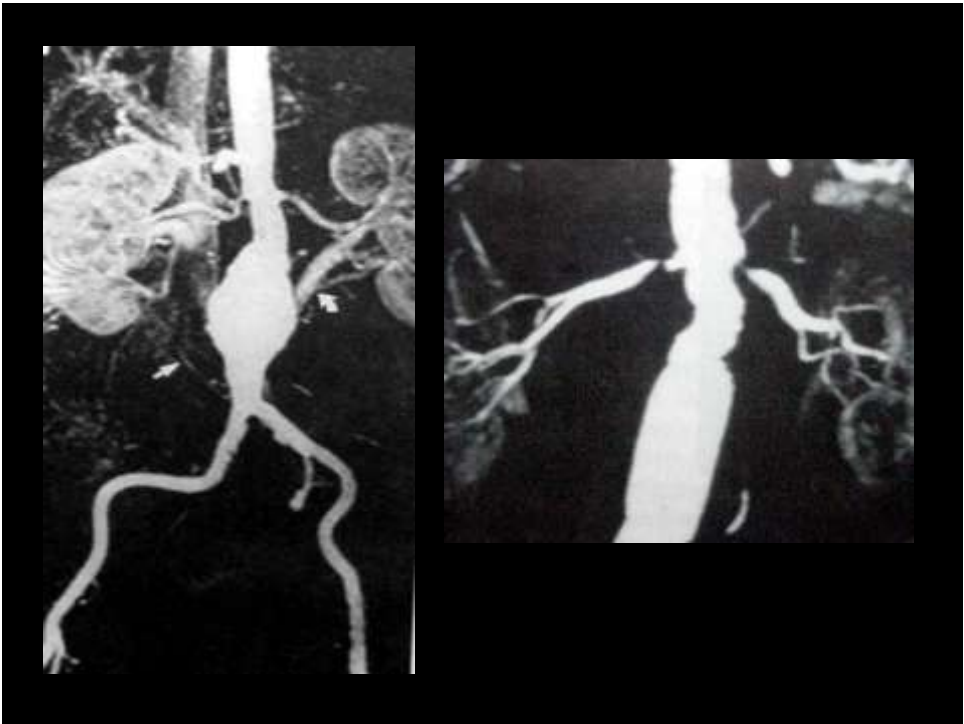
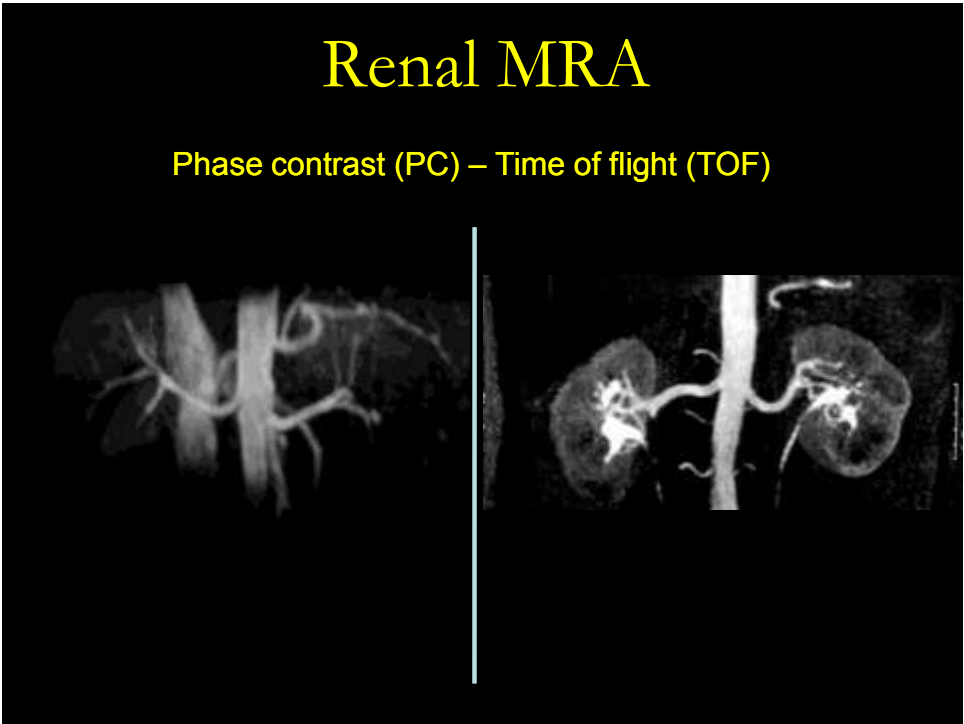
Cuts must cover whole abdomen + pelvis

- T2W Axial
- DWI Axial
- BFFE Axial + Coronal
- Single shot MRU Sagittal on each kd
- 3D MRU



Renal MRA

Phase contrast (PC) – Time of flight (TOF)



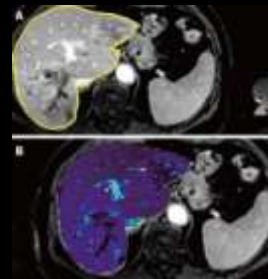
MRI Abdomen (5 mm slice thickness)

- T2W Axial
- T2W Axial SPIR (with fat suppression)
- T2W Axial Heavy T2 (for ccc of hep. focal lesions)
- DWI (Liver 3b values: 0, 200, 800) / (Kd 4b: 0, 500, 1000, 1500 for ccc solid lesions)
- Axial BFFE
- T1W Axial (In Phase) aligned all protons = ↑ fat signal (fatty infiltration ↑ bright)
- T1W Axial (Out Phase) unaligned all protons = ↓ fat signal
- Coronal BFFE (vessel sensitive sequence)

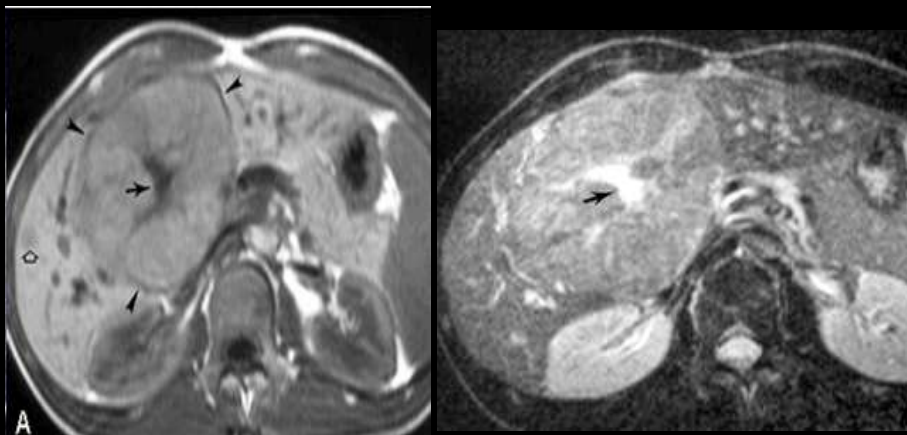
Post contrast: (Arterial / Porto-Venous / Delayed)

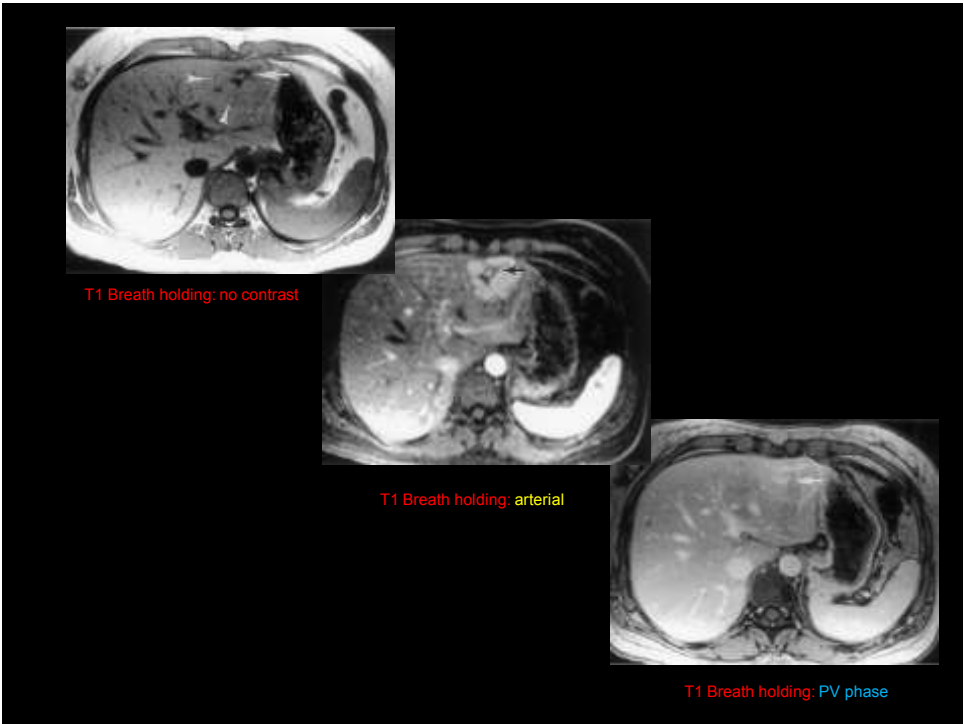
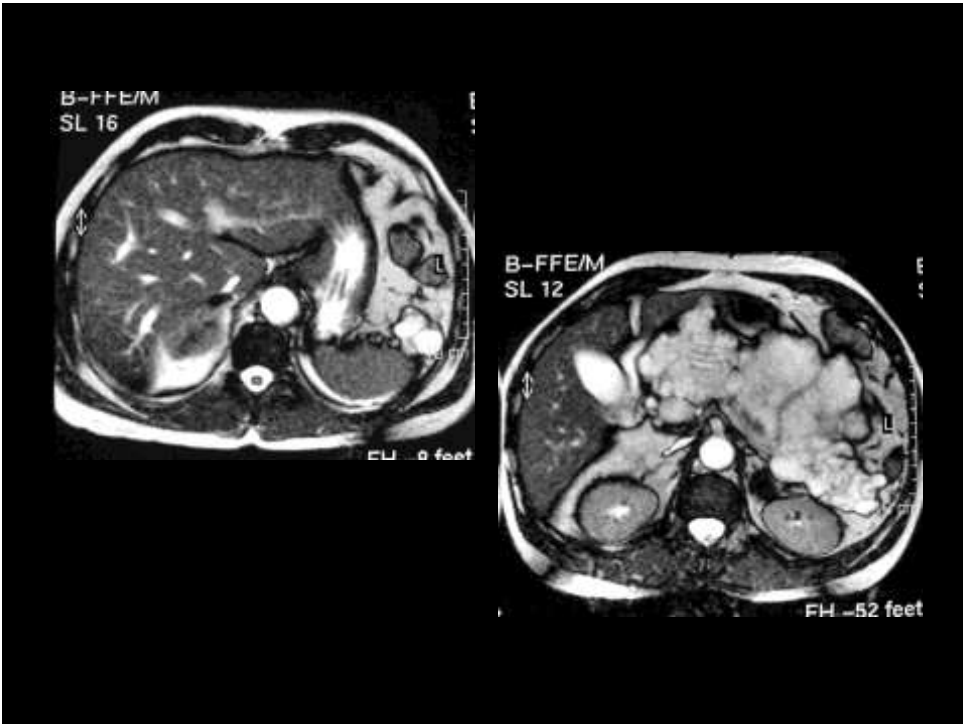
-T1 W Thrive axial post contrast SPIR

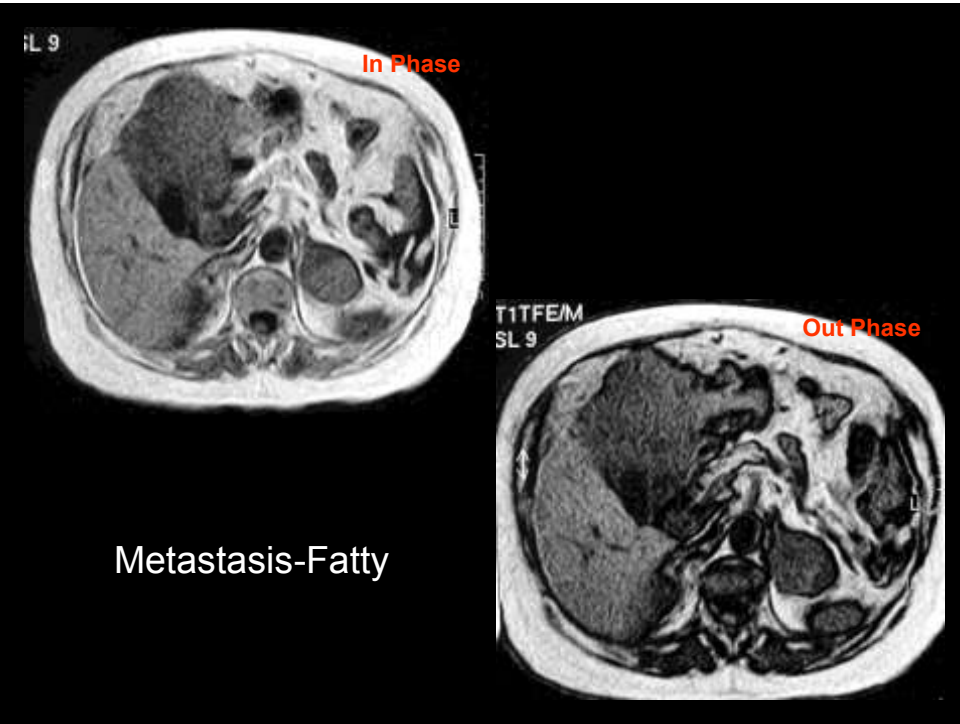
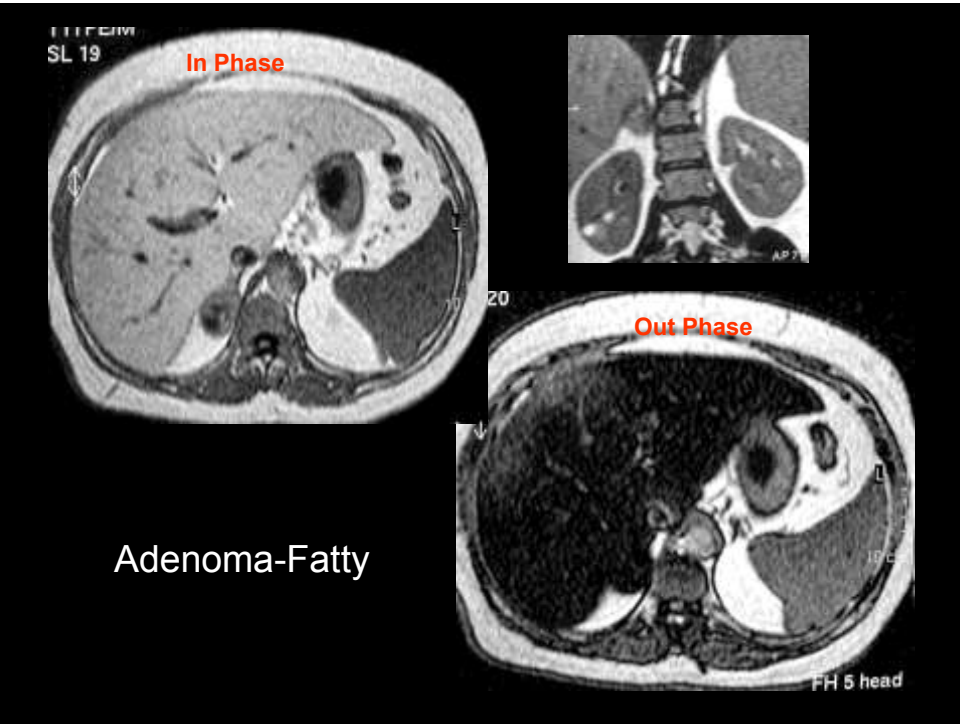
-T1 W Thrive coronal (breath hold)



MRI Abdomen







MRI Pelvis -1 (Male soft tissue organs)

- T1W coronal (parallel to rectal axis)
- T2W coronal
- T1W axial
- T2W axial SPIR (\perp rectal axis)
- T2W sagittal
- DWI (3b values: 0, 200, 800)

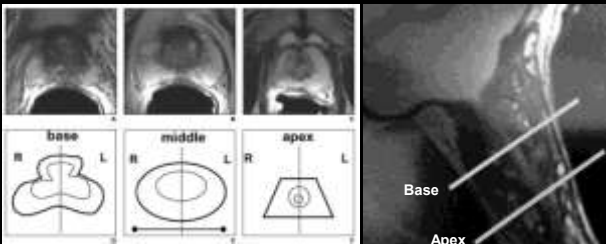
If suspicious tumor:
T1 W Thrive axial SPIR+C
T1 W sagittal / coronal SPIR+C

NB: rectal filling with gel for staging

- Indications:
- In Males:
 - Staging cancer bladder
 - Staging cancer prostate

MRI Pelvis –Prostate (Multiparametric prostate: 2-3 mm / 0 gap) (PZ, TZ, CZ / TZ+CZ = central gland / base to UB, mid prostate, apex)

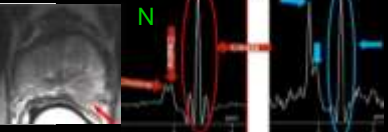
- T1W coronal (for post biopsy hge)
- T2W coronal
- T1W axial (post biopsy 6 wks)
- T2W axial
- T2W axial SPIR
- T2W sagittal
- DWI (3b values: 0, 1000, 2000)
- Small lesions: DTI of pelvis !



If suspicious tumor > 0.2 ml:
- Dynamic contrast-enhanced MTI (DCE-MRI): 7 transverse sections / 2 secs for 90-120 sec: **K trans**
- 3D Multivoxel 120 spectroscopy (MRS): Ch + Cr / Citrate

NB: must have a half filled bladder

Spectroscopy : Ch + Cr / Citrate	DWI: ADC value (? relative ADC)
Normal : 0.34	Low : 1.2 – 1.4
Low : 0.5 – 0.7	Interm. : 1 – 1.1
Interm. : 0.71 – 0.96	High G : 0.8 – 1 (worst + extracapsular)
High : 0.97 – 1.14	



Never to be used post hormonal therapy as altered results !!
Cho + Cr / Cit = aggressivity of tumor
Cho + Cr / Cit = for therapeutic effectiveness
Cho + Cr / Cit (TZ)= N= 0.63 / Malign = 0.93

Citrate is produced by PZ
Cho ↑ at periurethral zone

MRI Prostate (Multiparametric prostate: 2-3 mm / 0 gap)

PI-RADS v2 scoring system

Score Criteria

a) T2WI for the prostate (PZ)

1. Uniform high signal intensity (SI)
2. Linear, wedge-shaped, or geographic areas of lower SI, usually not abutting the capsule
3. Intermediate appearance on T2-weighted SI or ADC
4. Characteristic, homogeneous low signal foci within the prostate
5. Characteristic, homogeneous low signal intensity foci with dark borders, corresponding to nodules or masses, effect on the capsule (bulging, or breach), or on contact with the surface

b) T2WI for the seminal vesicle (SV)

1. Heterogeneous T2 appearance with well-defined margins, "finger-like" shape
2. Areas of more homogeneous low SI, however well the capsule, is higher than the T2BPV
3. Intermediate appearance on T2-weighted SI or ADC
4. Areas of more homogeneous low SI, or defined "nodular" character
5. Same as 4, but involving the anterior **capsular bulge** or the anterior horn of the PZ, usually best seen on water-fat images

c) Diffusion-weighted imaging (DWI)

1. No reduction in ADC compared with normal glandular tissue. No increase in SI on any high-b-value image (b1000)
2. Diffuse, focal or on a high-b-value image with low ADC, no focal features, however, those of benign or geographic but not focal or nodular
3. Intermediate appearance on T2-weighted SI or ADC
4. Focal areas of reduced ADC and high SI on high-b-value images (b1000)
5. Focal areas of high SI on high-b-value images (b1000) with reduced ADC

d) Dynamic contrast-enhanced (DCE) MRI

1. Type 1 enhancement curve
2. Type 2 enhancement curve
3. Type 3 enhancement curve
4. For Type 1 enhancement curve with Type 2-3
5. For Type 2-3 enhancement curve or lesion of unusual size place with Type 2-3

e) Quantitative MRI for T2, T1, DCE and DWI (SI, SI, SI, SI)

f) Qualitative magnetic resonance spectroscopy (MRS)

1. Creatine peak height to choline/creatine peak height < 1.0 times
2. Creatine peak height to choline/creatine peak height > 1.0 times
3. Choline peak height equals or more than creatine
4. Choline peak height exceeds creatine peak height > 1.0 times
5. Creatine peak height exceeds choline peak height > 1.0 times

For quantitative analysis, the relative peak heights of choline and creatine are usually compared (pattern analysis), rather than quantified. The values are typically 1.0 for normal tissue and 2.0 for cancer.

Score 1 = Creatine is predominant relative to choline, unlikely to be present
Score 2 = Creatine is predominant relative to choline, unlikely to be present
Score 3 = Creatine is predominant relative to choline, unlikely to be present
Score 4 = Creatine is predominant relative to choline, unlikely to be present
Score 5 = Creatine is predominant relative to choline, unlikely to be present

Manogram: T2 + MRS + ADC + K-trans (N / lesion)

- High probability: +++
- Intermediate probability: ++
- Low probability: +

MRI Pelvis - 3 (Female soft tissue organs)

- T1W coronal
- T2W coronal oblique (parallel to uterus)
- T1W axial
- T2W axial oblique SPIR (\perp uterine axis)
- T2W sagittal
- DWI (3b values: 0, 1000)

+/- T2W-DWI axial abdomen
(for peritoneal reflections)

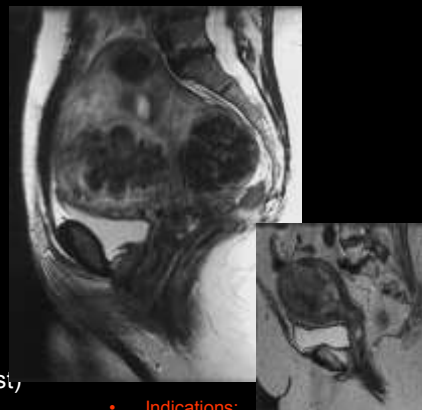
If suspicious tumor:

T1 W Thrive axial SPIR+C (1 pre + 4 post,
MRA pelvis: uterine embolisation protocol

NB: vaginal / rectal filling is imp if looking to pelvic fistulae
(+ HR 3D fistulogram)

Indications:

- Staging of cervical or uterine pathologies
- Characterization of ovarian tumors



MRI Colonography

Pre test: anti-peristaltic measures
+ Enema 1.5 L light Ba/water + mannitol

- T2W axial
- T1W coronal (covering the whole bowel)
- T2W coronal
- DWI coronal (3b values: 60, 400, 800)
- T1W axial
- T2W sagittal

If suspicious tumor:

- T1W+C axial / coronal fat suppression
- Coronal dynamic THRIVE (1 pre, 5 post – 20 sec each)

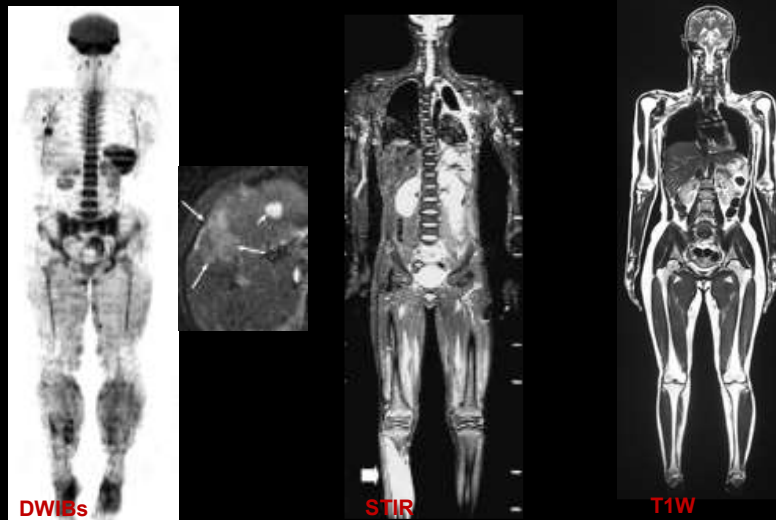
MRI enterography: 1.5 L light Ba/water + mannitol 45 min before exam orally.

MRI enteroclysis: 1.5 L light Ba/water + mannitol via naso-jejunal catheter



Whole body MRI

Wb MRI: includes coronal DWIBs, STIR, T1W + Axial T2W / DW (bo, 500, 1000)



Msk Anatomy & Protocols



Msk Rule 1: Thick tendon + no fluid = chronic injury e.g. T. Achilles

Msk Rule 2: Intermediate T2 signal = degeneration / tendinitis
High signal in a tendon on T2 = partial tear

Msk Rule 3: 2 ligaments in body can split: peroneus brevis / biceps tendon

Msk Rule 4: Muscular injuries:

Grade I:	DOMS.oreness:	low T1 & high T2 (edema)
Grade II:	Partial tear:	High T1 & T2 (blood +focal defect)
Grade III:	Complete tear:	low T1 & T2 (loss of ms strenght)

Msk Rule 5: Tenosynovitis / stenosing T / Chronic tenosynovitis

Fat suppression (Msk)



T2 Fat saturation

- Spectral Presaturation with Inversion Recovery
- TSE either T2 or T1
- ETL 10 + angle 90
- Inhomogenous fat suppression after Gd
- Takes > time = better quality
- For big structures

T2 Fat saturation

- Short TI Inversion Recovery
- T2 FSE + Fat supp
- Best = homogenous fat suppression after Gd
- For BM + soft tissue
- For small structures

T1 / PD Fat saturation

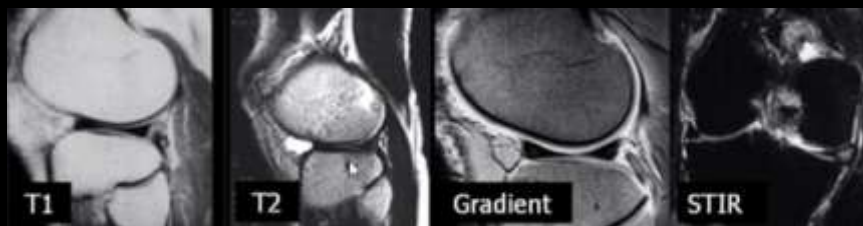
- T1 Fat saturation
- Only on MRI > 1T
- Used after Gd-DPTA / Gd-Arthro
- Inhomogenous fat suppression
- Best for seeing cartilage
- DD fat from hemorrhage (w will be brighter !!)

Dixon

- 2-point Dixon technique
- 2 images: 1 with the fat and water spins in-phase and the other with them out-of-phase. Then images added together = fat suppressed image

Bone Marrow

T1 white, T2 Intermediate
Gradient > black, STIR: completely black



Tissue	T1	T2	T2*	STIR
Bone marrow	High	low	Low ++	Low +++
Fat	High	low	Low ++	Low ++
Cartil	Low	Low	Low	Low
Ligaments	Low	Low	Low	Low
Tendons	Low	Low	Low	Low
Muscles	Intermediate	Low	Low	Low

Why GRE T2* in MSK ?

- 1- Highlight fluid.
- 2- For cartilage, ligaments
- 3- For fibrocartilaginous structures

Ankle Joint MRI



MRI Ankle protocol: (FOV 8-12 cm)

- | | |
|----------------------|---------------------|
| -T1 W axials | (both ankles) |
| -T2 W axials | (both ankles) |
| - T1 W Sagittal | (on affected ankle) |
| - T2 W SPIR Sagittal | (on affected ankle) |
| -T1 W coronals | (both ankles) |
| -T2 W coronals | (both ankles) |

Indications:

- Achilles'-tendon rupture
- Avascular necrosis of the talus
- Tenosynovitis, tumors, Infections....

MRI Ankle protocol:

Anterior compartment

Extensors: TA - EHL - EDL (rare)

Postero-medial c.

Flexors: TP - FHL - FDL

Deltoid ligament (coronal only)

Tarsal tunnel anatomy

Lateral compartment

Peroneus Longus = Peroneus Brevis

Tibio-fibular syndesmotic complex (Tibial L.)

Talo-fibular LCL (Talus L.)

Posterior compartment

Tendon Achilles (most imp / axial only)

Anatomy-based
Imaging issues

Imaging

Achillis tendon = biggest / no sheath

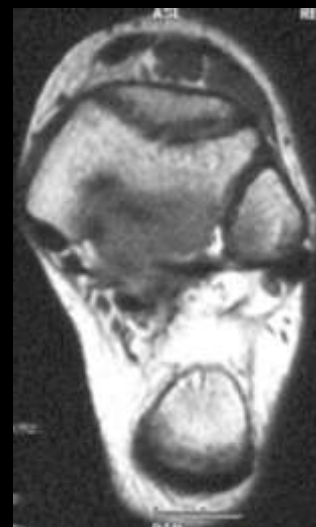
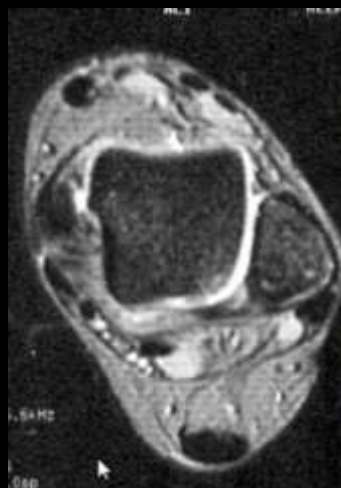
Lateral syndesmotic complex

- Ant **t**ibio-fibular lig
- Post **t**ibio-fibular lig (ptf)
- Inf. Transverse lig (d ptf)
- Interosseus lig

Fibula : lateral: Peroneus L+B



1-MR Ankle anatomy: axial (tibial level)



Anatomy-based Imaging issues

Imaging

Lateral collateral lig

- Ant **tal**o-fibular lig (most imp.)
- Post **tal**o-fibular lig (PCL like)
- Calcaneo-fibular lig

Postero-medial compartment

- TP
- FDL- FHL
- Post tibial NAV
- Abductor hallucis
- Quadratus plantaris



2-MR Ankle anatomy: axial (talus level)



Tarsal-tunnel
At level of : sustentaculum tali

Anatomy-based Imaging issues

Imaging

For:

- Talus (avasc. N)
- **S**inus tarsi
 - Cervical lig
 - Interosseus lig
 - Fat + Nerves
- Plantar fascia = 4 mm

3-MR ankle anatomy: sagittal

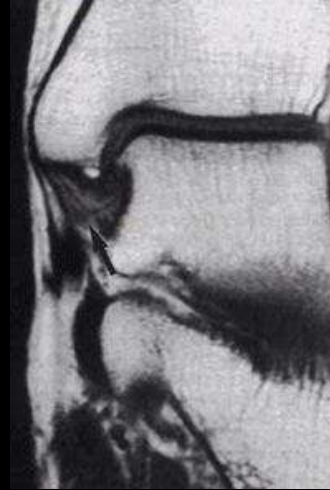


Anatomy-based Imaging issues

Imaging

- Medial Deltoid lig
- Tibio-talar lig
 - Others.....

4-MR ankle anatomy: coronal



MR Shoulder protocol:

- T1 W axials
- T2* W axials

- T1 W oblique coronals
- T2 W oblique coronals
- T2W SPIR oblique coronals

- T2 W oblique sagittals



In inflammation, tumors, post contrast:

- T1 W oblique coronals + C (SPIR)
- T1 W axials + C (SPIR)

Anatomy-based
Imaging issues

Imaging

- Supraspinatus & other
- IGHL
- Rotator interval
- Acromial shape
- Subcoracoid bursae

3-MR Shoulder anatomy: sagittal

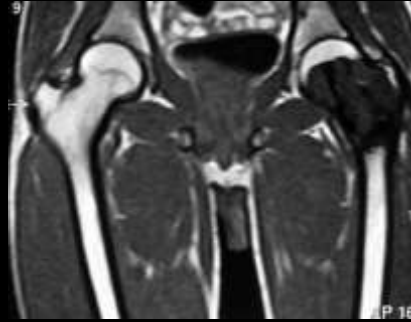
A sagittal MRI scan of the shoulder joint. Labels on the left side include: Coracoclavicular ligament, Coracoid process, Deltoid muscle, anterior, Pectoralis minor muscle, Coracobrachialis muscle, and Pectoralis major muscle. Labels on the right side include: Supraspinatus muscle and tendon, Acromion, Infraspinatus muscle and tendon, Deltoid muscle, posterior, Glenoid, Subscapularis muscle and tendon, Teres minor muscle, and Teres major muscle. A label at the bottom center points to the Subscapular artery.

Below the main MRI image are two smaller images. On the left is a 3D anatomical diagram of the shoulder joint, showing the humeral head, glenoid, and surrounding muscles and ligaments in a sagittal view. On the right is another sagittal MRI scan of the shoulder, showing the joint space and surrounding soft tissue structures.

Hip Joint MRI

MRI Hip

- T1 W axials
- T2 W axials
- T1 W coronals
- T2 W coronals
- T2*W coronals
- T2 W coronals SPIR



If inflammation, tumors, etc... inject contrast:

- T1 W axials SPIR + C
- T1 W coronal SPIR + C

Indications:

- Avascular necrosis of femoral head
- Labial tears
- Infections....tumors.....

Anatomy-based Imaging issues

Imaging

- Head of femur
- Acetabulum (ilium-ischium-pubis)
- 95% of F head intraA
- Sup & inferior labri
- Sacroliac joint (sacral & iliac surfaces)
- Pelvic stuctures



1-MR Hip anatomy: coronal



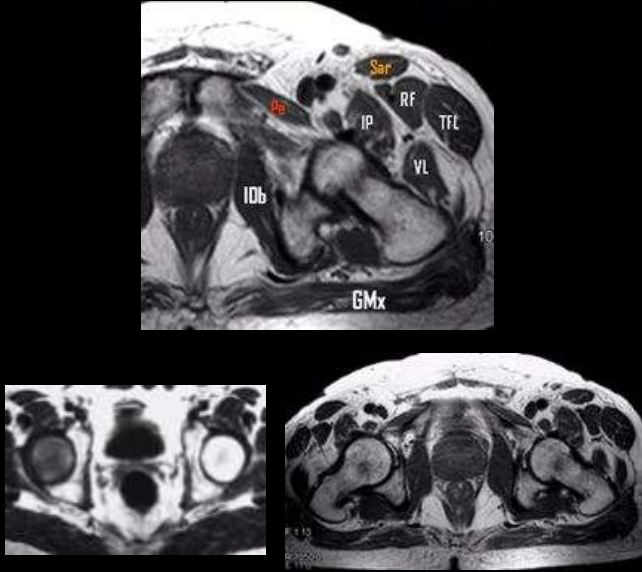
Anatomy-based
Imaging issues

Imaging

For:

- Ms Iliopsoas ms & bursae (biggest in body)
- Sciatic nerve
- Pelvic stuctures

2-MR hip anatomy: axial



Knee Joint MRI

MR Knee protocol:

- Sag T2
- Sag PD (meniscal window)
- Cor T1
- Cor T2 SPIR
- Axial T2 SPIR

Indications:

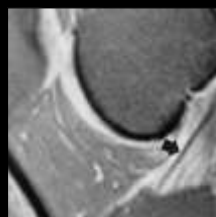
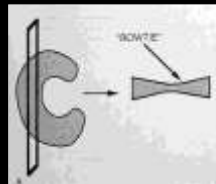
- Menisci, cruciate lig, in sport injuries
- Post-trauma
- Tumors, Infections....

Anatomy-based Imaging issues

Imaging

- Meniscus (sup / inf articular surfaces – meniscocapsulat attachment)
- Body weight max on large & strong PHMM
- ACL – PCL (signal free)
- Tibial translocation >5mm

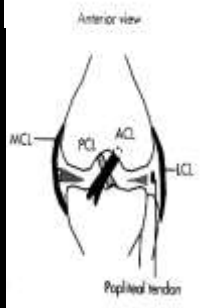
1-MR knee anatomy: sagittal



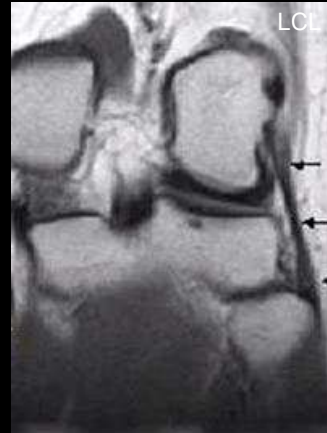
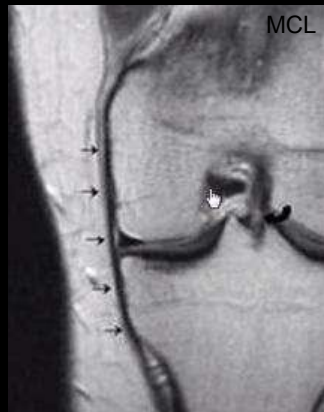
Anatomy-based Imaging issues

Imaging

- Long MCL 10 cm
- Short LCL 9 cm
- Biceps tendon
- Quadriceps tendon
- Bone contusion (STIR)



2-MR Knee anatomy: coronal

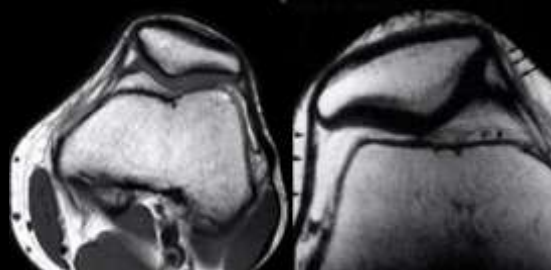


Anatomy-based Imaging issues

Imaging

- Patella
- Lat patellar retinaculum (1 fascic)
- Med patellar retinaculum (2 fascicles)
- Straight ACL & only horizontal portion of PCL

3-MR Knee anatomy: axial



Part IV

Cardiac / Msk

Imaging

MRI

MRI Wrist protocol (FOV 8-12 cm)

- Axial T1 (high resolution – each alone)
- Axial T2 (high resolution – each alone)
- Cor T2* (2 mm thickness)
- Cor T2 (2 mm thickness)
- Sagittal T1

Indications:

- Carpal tunnel \$
- Avascular necrosis of scaphoid
- Rheumatoid arthritis
- Scapho-lunate & scapho-triquetral lig. wrist instability

Pure anatomy...



Anatomy-based Imaging issues

Imaging

For:

- TFCCComplex
- AVN of any bone...
- Scapholunate & lunotriquetral ligaments
- Ulnar variance (2mm)

1-MR wrist anatomy: coronal




Anatomy-based
Imaging issues

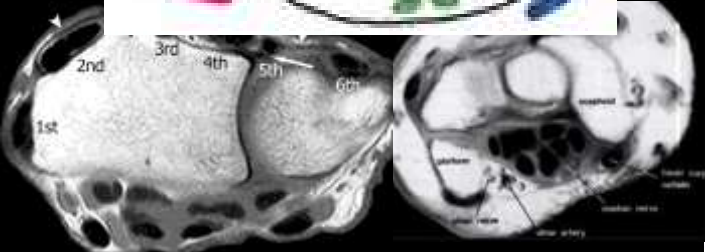

Imaging

For:

- Flexor of wrist
- Extensor of wrist / Lister's
- Carpal tunnel
- Assess DRUJ



2-MR wrist anatomy: axial



Palmar / volar

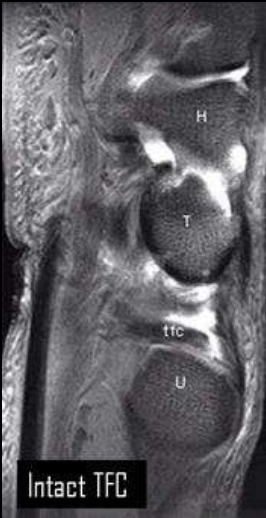
Anatomy-based
Imaging issues

Imaging

For:

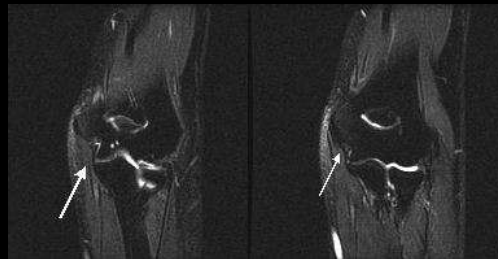
- Confirm TFCC status
- Tendon of fingers

3-MR wrist anatomy: sagittal



MR Elbow protocol:

- Axial T2 (high resolution – each alone)
- Sagittal T2
- Fat supp (for cartilage)
- Coronal T1 (2 mm thickness)
- Coronal STIR (2 mm thickness)



Anatomy-based Imaging issues

Imaging

For:

- Bone
- Muscles

MR Elbow anatomy-1

Lateral compartment

- Supinator
- Brachioradialis - R
- Ext. carpi radialis
- Ext. of H+ W

Anterior compartment

- Triceps
- Brachialis + Median N

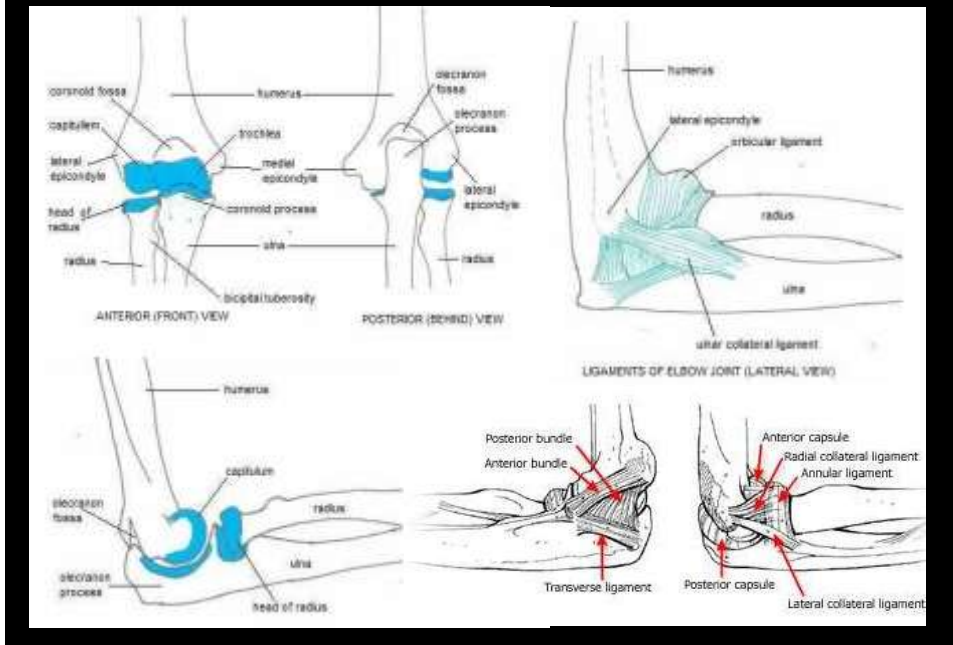
Medial compartment

- Pronator Teres
- Flexors of H + W

Posterior compartment

- Triceps
- Anconeus (small) + Ulnar N

MR Elbow anatomy-2



Anatomy-based Imaging issues

Imaging

For:

- Anterior
 - Biceps (sup)
 - Brachialis (deep)
- Posterior
 - Triceps
 - Anconeus

1-MR Elbow anatomy: **Sagittal**



Anatomy-based
Imaging issues

Imaging

For:

- Lateral / medial
- Common Ext .tendon
- LCL complex
- Common Flex origin (above)
- MCL (below)

2-MR Elbow anatomy: Coronal

Lateral compartment

- Ext. carpi radialis
- Supinator
- Brachioradialis
- Common Ext. of H+ W

Medial compartment

- Pronator Teres
- Common Flexors of H + W

MRI of the elbow, T1, coronal cut. Image 8

1. Ulna 2. Radial head 3. Lateral epicondyle 4. Extensor carpi radialis longus muscle 5. Capitulum head 6. Medial epicondyle 7a. Common flexor tendon 7. Triceps muscle (lateral head) 8. Humerus 9. Triceps muscle (medial head) 10. Flexor digitorum superficialis muscle 11. Supinator muscle 12. Extensor digitorum muscle

Anatomy-based
Imaging issues

Imaging

3-MR Elbow anatomy: axial

Anterior: B+B (Ar + V i+ M nerve in between)

Posterior: T+A + Ulnar N (med.epicondyle)

Anterior compartment

- Triceps
- Brachialis

Lateral compartment

- Ext. carpi radialis
- Supinator
- Brachioradialis
- Ext. of H+ W

Medial compartment

- Pronator Teres
- Flexors of H + W

Posterior compartment

- Triceps
- Anconeus

MRI of the elbow, T1, axial cut.

1. Humerus 2. Ulna 3. Anconeus muscle 4. Extensor digitorum muscle 5. Extensor carpi radialis longus muscle 6. Brachioradialis muscle 7. Brachialis muscle 8. Pronator teres muscle

Anatomy-based
Imaging issues

Imaging

3-MR Elbow anatomy: axial

Anterior: B+B (Ar + V i+ M nerve in between)
Posterior: T+A + Ulnar N (med.epicondyle)
Radial N (below brachioradialis ms)

MRI of the elbow, T1, axial cut, image 4
1. Ulna 2. Anconeus muscle 3. Extensor carpi ulnaris muscle 4. Supinator muscle 5. Extensor digitorum muscle 6. Extensor carpi radialis longus muscle 7. Brachioradialis muscle 8. Radius 9. Brachialis muscle 10. Pronator teres muscle 11. Flexor carpi ulnaris muscle 12. Flexor digitorum profundus muscle 13. Flexor carpi ulnaris muscle 14. Flexor digitorum profundus muscle

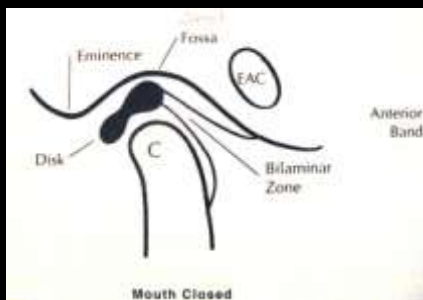
MRI of the elbow, T1, axial cut, image 14
1. Medial epicondyle (Humerus) 2. Muscle mass 3. Lateral epicondyle (Humerus) 4. Extensor carpi radialis longus muscle 5. Brachioradialis muscle 6. Biceps brachii muscle 7. Brachialis muscle 8. Pronator teres muscle

TMJ Joint MRI

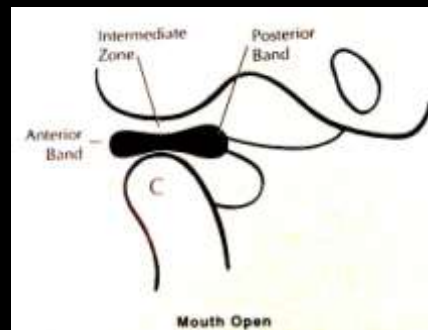
MR TMJ protocol:

- Sag T1 (open & closed)
- Sag T2 (open & closed)
- Cor T1 (open & closed)
- Cine (Dynamic)

Closed mouth



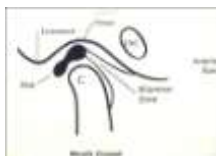
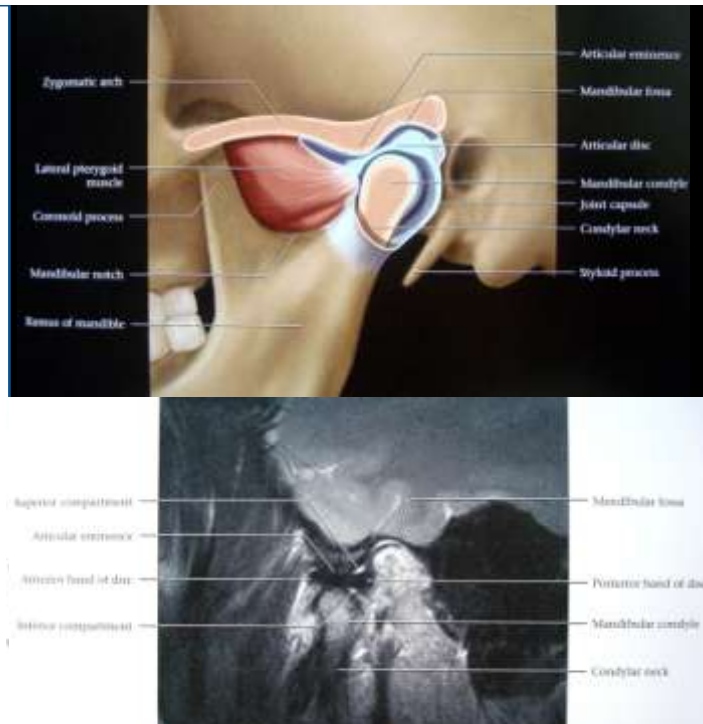
Mouth open



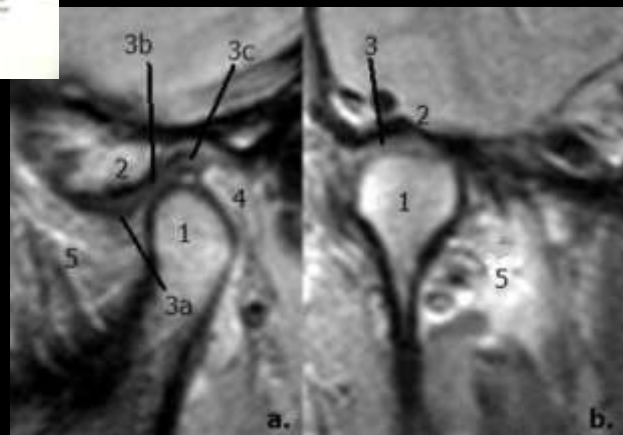
Anatomy-based Imaging issues

Imaging pitfall

i. TMJ



Closed mouth



Sagittal (closed)

Coronal (closed)

- 1 Mandibular head
- 2 Articular fossa
- 3 Disk (3a, anterior band; 3b, intermediate zone; 3c, posterior band)
- 4 Bilaminar zone
- 5 Lateral pterygoid muscle

Sagittal (Open)

Coronal (Open)

Open mouth

Note the bow-tie shape of the disk in the sagittal projection.

- 1 Mandibular head
- 2 Articular eminence
- 3 Disk (3a, anterior band; 3b, intermediate zone; 3c, posterior band)
- 4 Bilaminar zone
- 5 Lateral pterygoid muscle

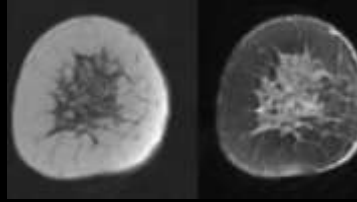
Breast MRI

Non contrast MRI breast sagittal projection of lactating breast

Non-contrast MRI breast axial projection of normal non lactating breast

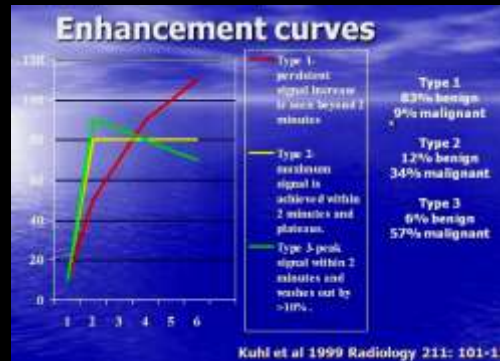
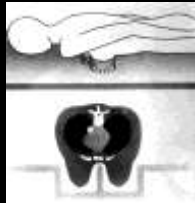
Breast Protocol

- T1 W axials (3-4 mm/gab 0)
- STIR axials (3-4 mm/gab 0)
- T2 W axials (3-4 mm/gab 0)
- DWI (b=0, 200, 800)

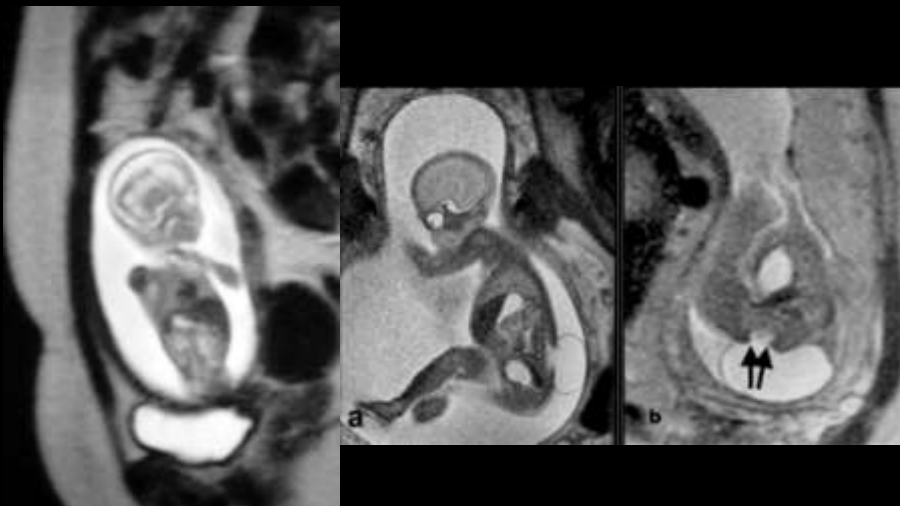


Injected I.V. contrast:

- Dynamic T1 W+C (Pre and During injection at 2.5m-5m-7.5m-1.0m - subtraction from T1 W)
- Delayed T1W+C (axial / Sag)
- MR Spectro: SV 270

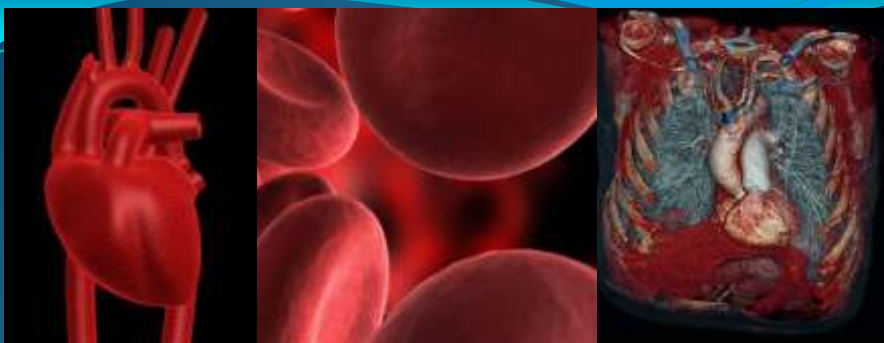


MRI Fetography



Part IV

Cardiac Imaging MRI



Cardiac anatomy imaging in 2012-2013

Coronary MDCT

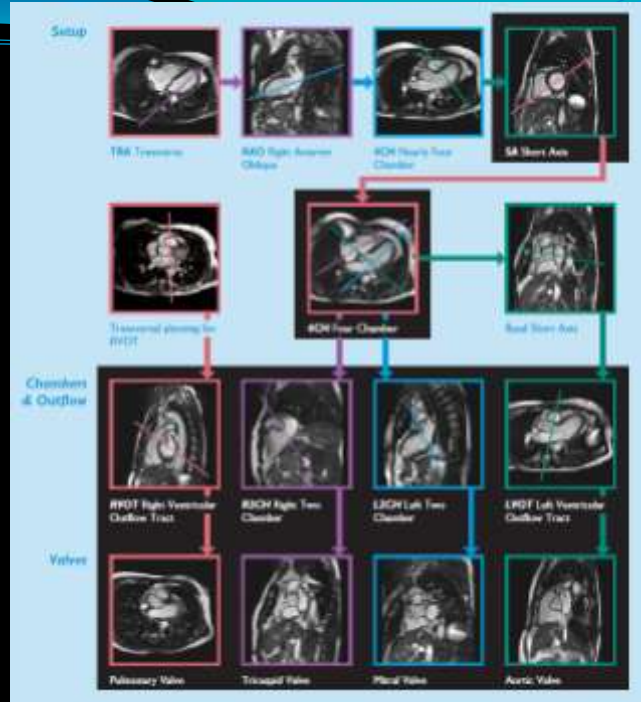
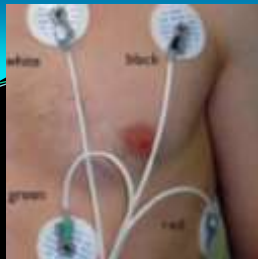
Cardiac MRI

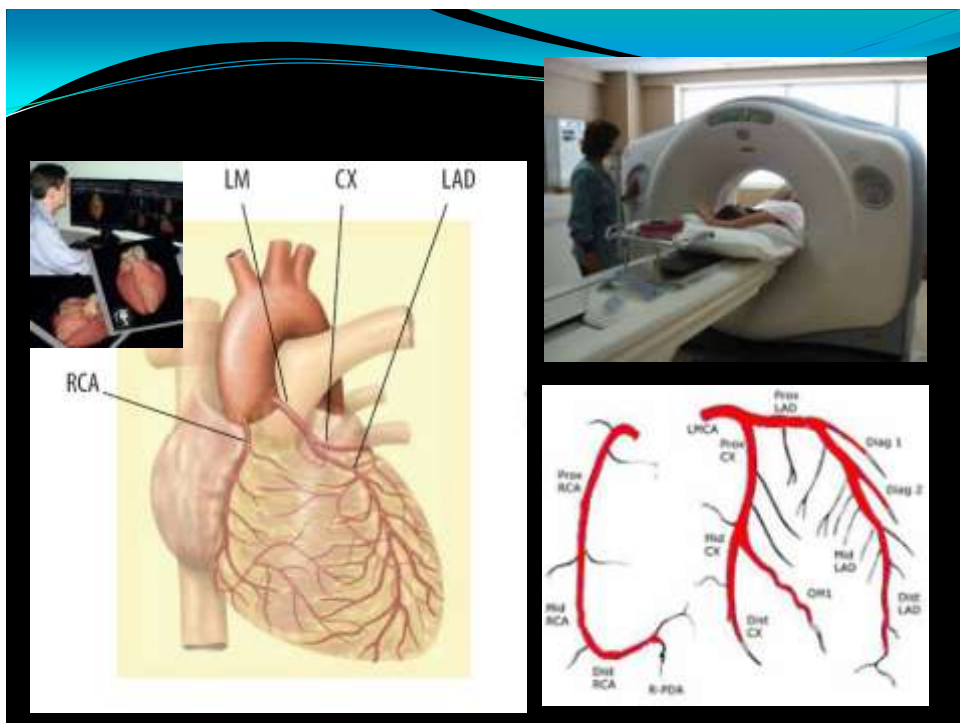
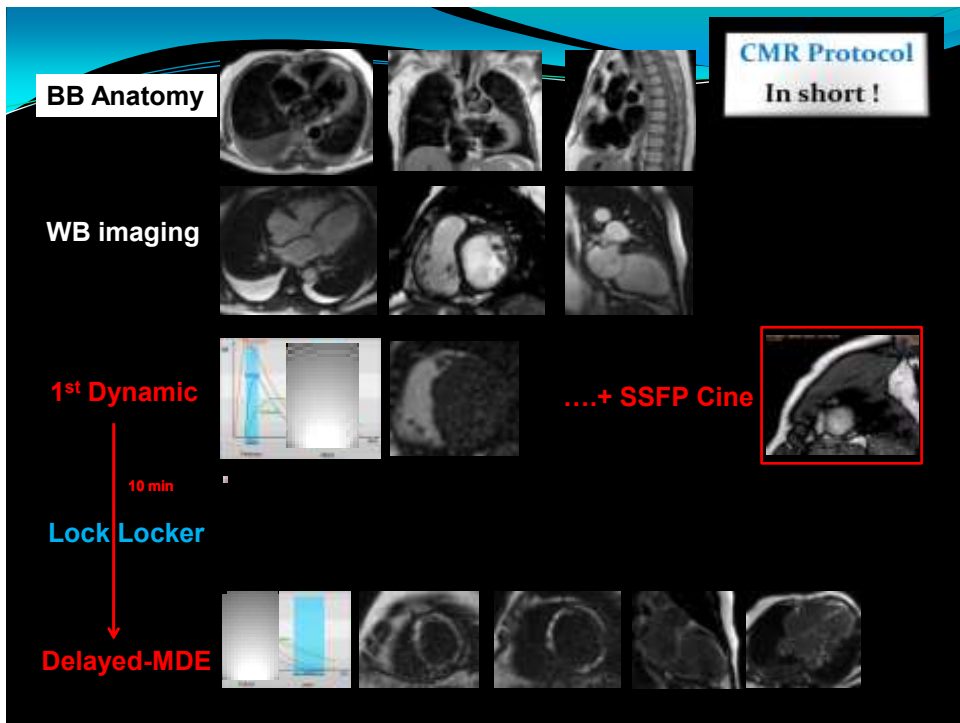


Cardiovascular Magnetic Resonance (CMR)

Advantages:

1. Fast, multiplanar, high-spatial resolution
2. Reproducible tech to monitor follow up
3. Determine both LV & RV morphology & Fnc
4. Distinguish different types of cardiomyopathies
5. Detect myocardial: edema / iron / fat & fibrosis
6. Diff. DCM from cardiac dilatation d.t. CAD
7. High blood-myocardial tissue contrast (even in HF)
8. True 3D assessment, no blind spots, no problems in acoustic windows





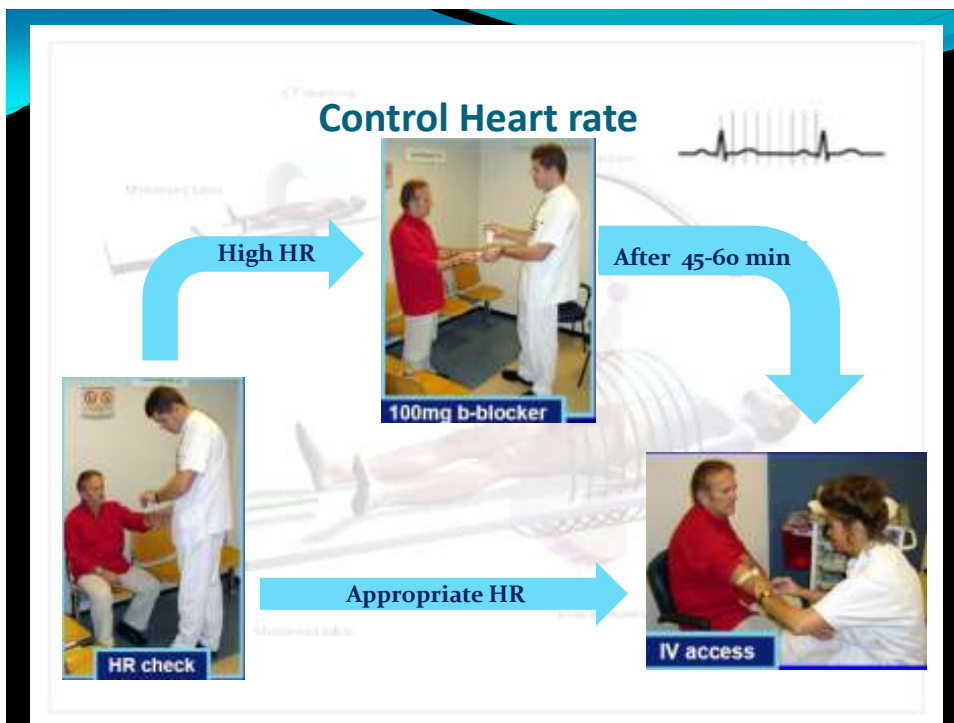
CTA coronary Pre-procedure Instructions

At home:

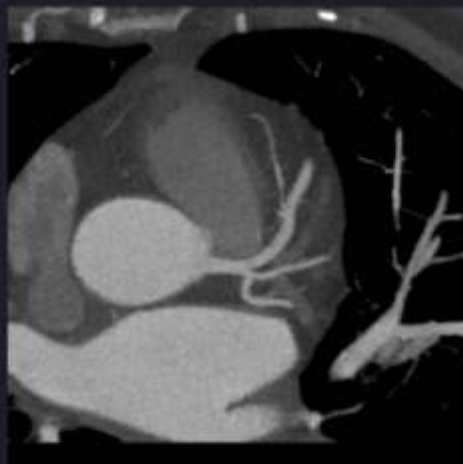
- **NPO** except medication 4 hours prior to the scheduled exam time
- No **caffeine** for 24 hours prior to the exam
- **Metoprolol** 100 mg p.o. 1 hour prior to exam (unless already beta blocked)
- No **Viagra™**, **Cialis™**, **Levitra™** for 7 days prior

On CT machine

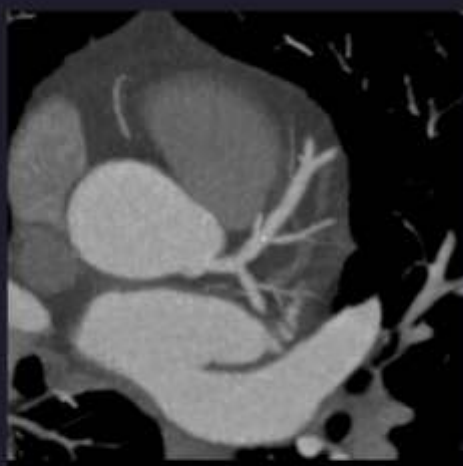
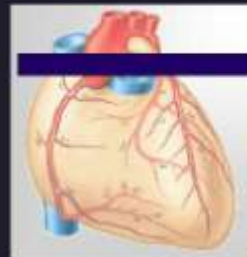
- **Reassurance** of the patient and explain the whole process.
- Mild oral **sedation** with diazepam (5 mg) in anxious individuals.
- Previous acute or chronic **renal failure** gadolinium compounds used as an alternative.
- A stable venous line, **18-to-20 gauge** canula antecubital vein.
- Testing of the ability of the patient for sustaining a **breath-hold** long enough for the purposes of the examination.
- **Empty bladder** before scan



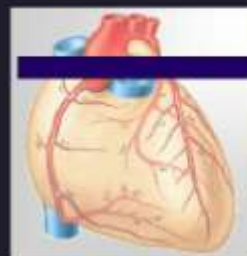


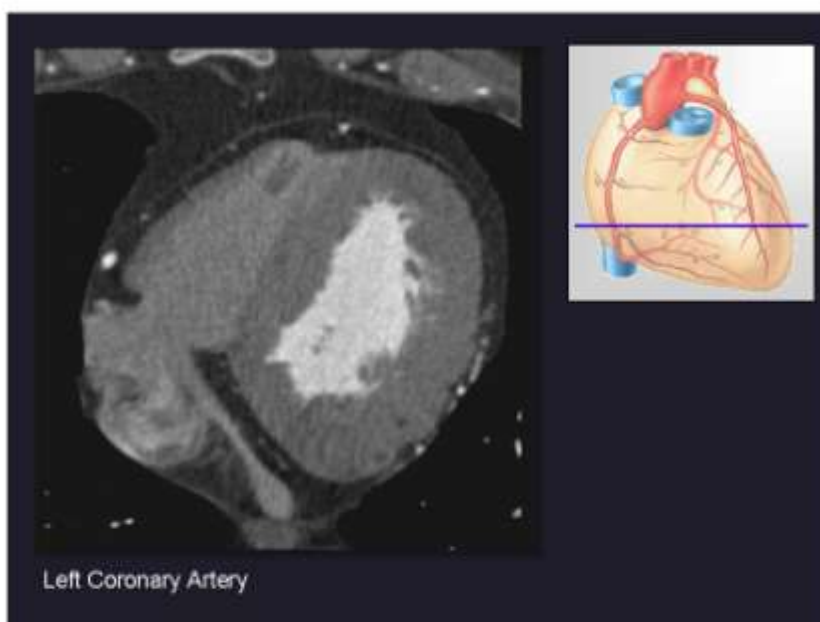
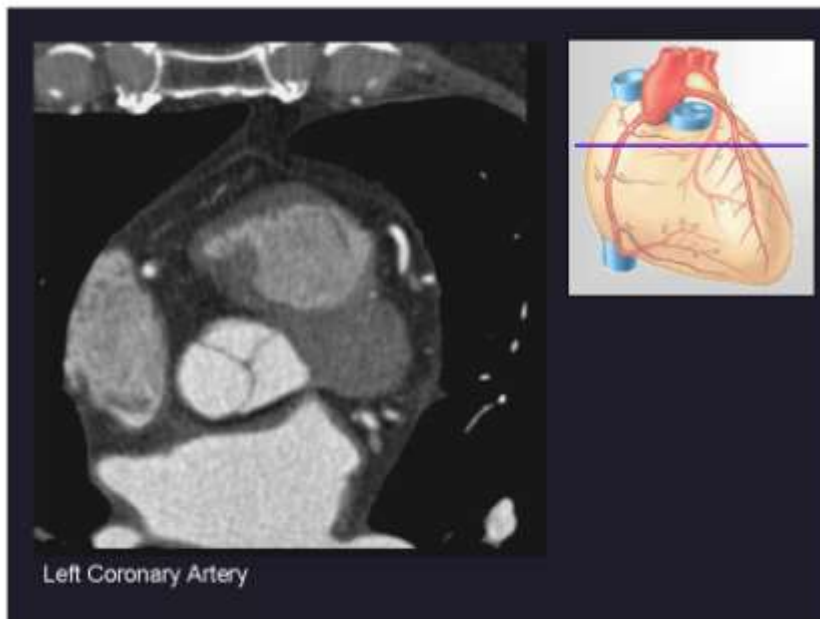


Left Coronary Artery

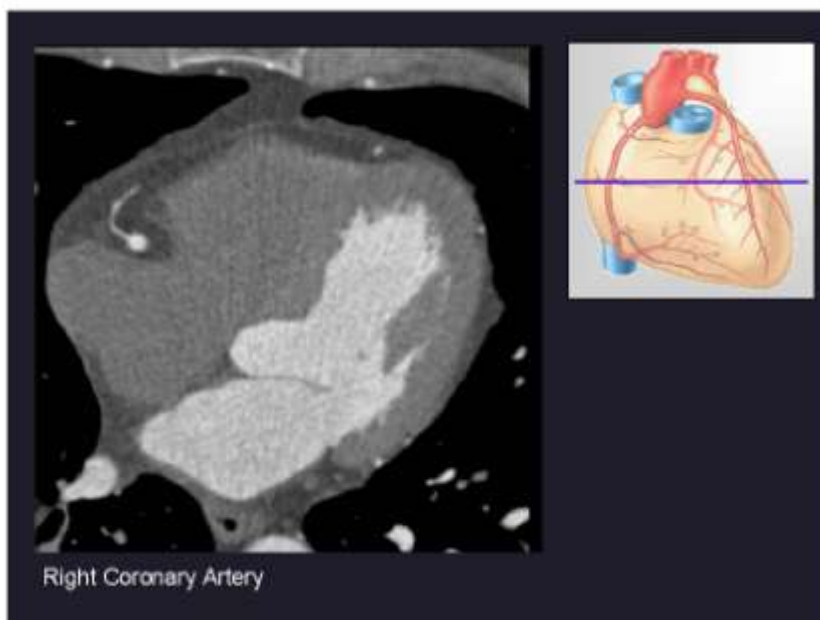


Left Coronary Artery





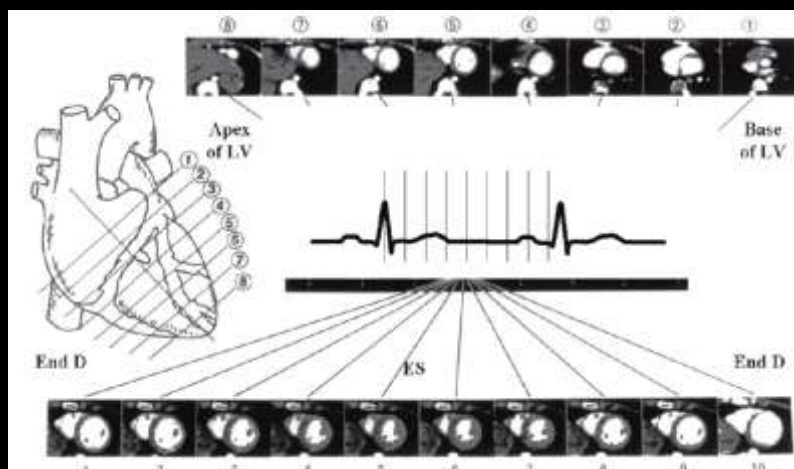


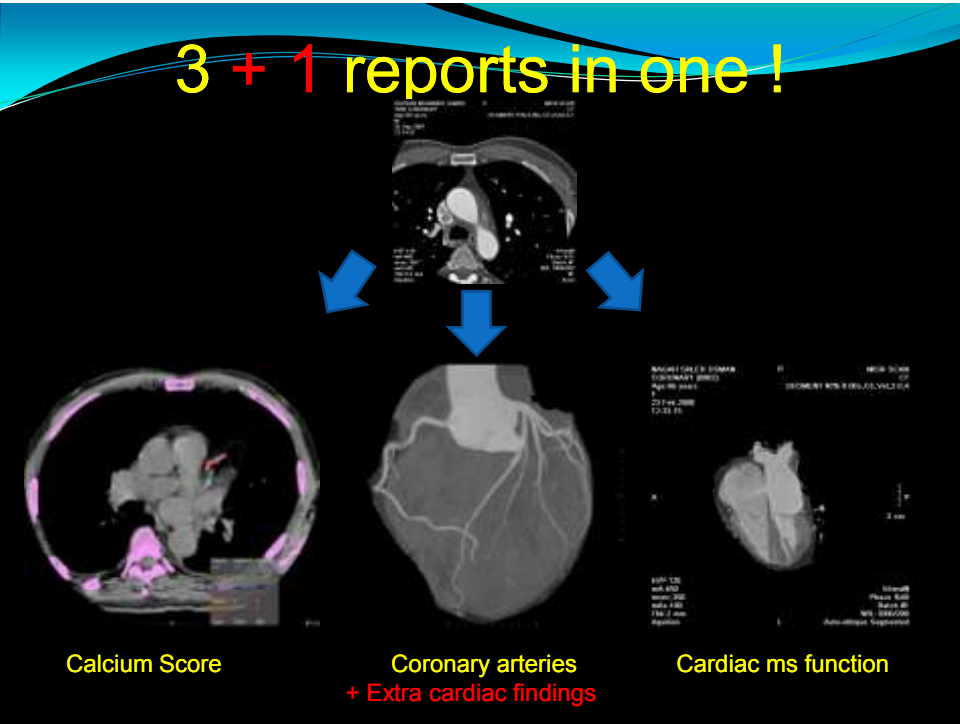




LV Function Assessment

Left ventricular volume measurements by MDCT are based on short-axis image reformations. At the mid ventricular level, a single image is reconstructed every 5% or 10% of the R-R interval to obtain both a diastolic and systolic phases



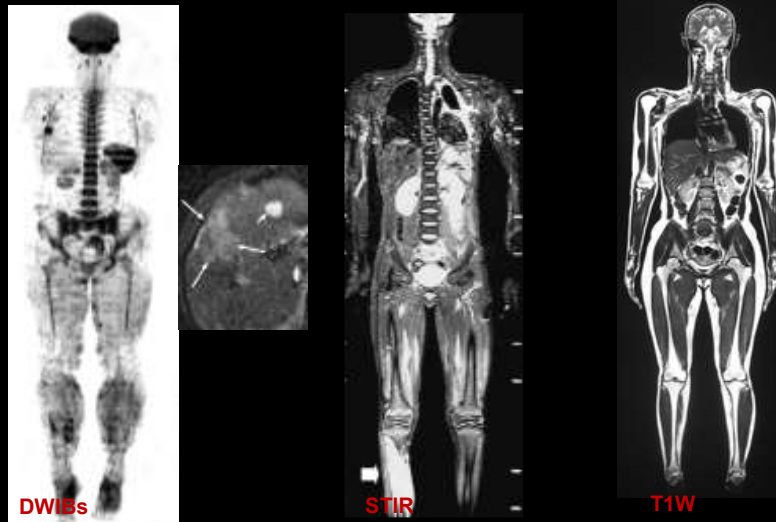


Part IV

PET / MRI ?

Whole body MRI

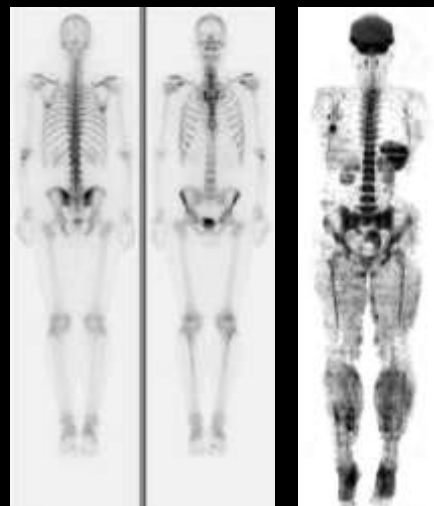
Wb MRI: includes coronal DWIBs, STIR, T1W + Axial T2W / DW (bo, 500, 1000)



Bone Scan vs Wb-MRI


The image shows the X-RAY RISK Risk Calculator interface. It includes a sidebar with a list of conditions, a main input area with fields for 'Weight', 'Height', 'Age at Time of Study', 'Number of Views', and 'Average Time'. Below these are calculated values for 'Total Effective Dose', 'Estimated Cancer Risk', 'Estimated Cancer Deaths', and 'Estimated Life Expectancy'. The interface is designed for medical professionals to estimate radiation risk from X-ray procedures.

<http://www.xrayrisk.com/calculator/calculator.php>




6.3 mSv !
Osseous Mets only
 + worldwide shortage of 99mTc

0 mSv !!!
Safe for pregnancy
Safe follow up !!

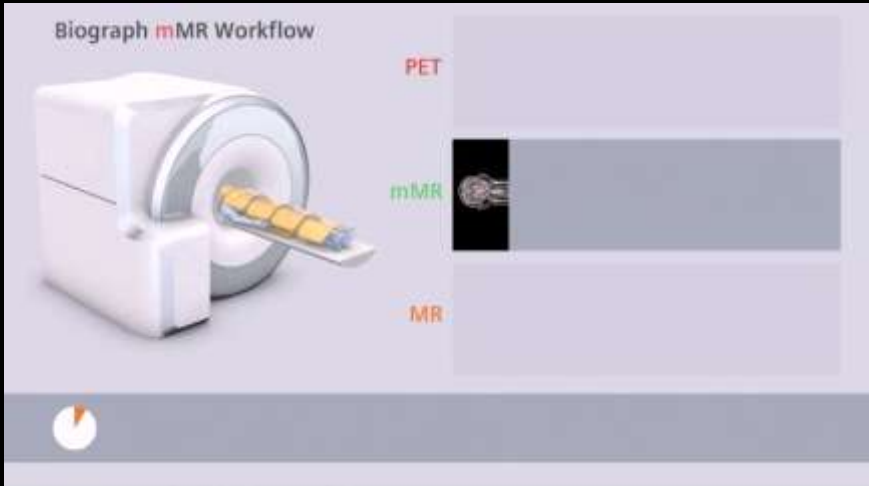


PET-CT vs Wb-MRI (2)



PET	PET-CT	Wb-MRI
Time / exam: 60 min	45-90 min	45-50 min
Long time of examination less comfortable	Long time of pre-examination preparation	Moderate time of examination more comfortable
Unsafe for pregnancy and children: 20 mSv (Yearly permissible dose = 5 mSv!!)	Unsafe for pregnancy and children: 20-25 mSv	safe for pregnancy and children Safe follow up !!
Weak in brain, urinary system	Weak in brain, urinary system	Often non-diagnostic in mediastinum, lung, LN, spleen
Fasting Pt. with good control for diabetic patients	Fasting Pt. with good control for diabetic patients	Fasting only if going to take Gd-DTPA
Not commonly available due to highly expensive and rare cyclotron	Not commonly available due to highly expensive and rare cyclotron (5 cases/day !!)	More Available
Expensive	Most expensive	Least expensive
Mets detection sensitivity 85%	Mets sensitivity 91%	Mets. sensitivity 93%
LN sensitivity 91%	Highest LN sensitivity 95% more accurate in the T.N staging	LN sensitivity 92%

Futur/Reality =Biograph mMR



Biograph mMR = 3T MRI+PET



Suggested web reading:

<http://www.imaios.com/en/>

<http://radiology.rsna.org/>

<http://www.radiologyassistant.nl/en/>



Thank you

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